## January Monday Tuesday Wednesday Thursday FRIDAY

1	
	Нарру
	New
	Year!

## **CLOSED**

- Meat, Potatoes
  Lunch & Dinner
  Lasagna
  Roasted
  Vegetables
  Dinner Roll
- Breakfast
  Biscuits and
  Sausage Gravy
  Scrambled Eggs
  Lunch & Dinner
  Hamburgers
  French Fries
  Baked Beans
- 4 Breakfast
  Bacon Cheddar
  Strata
  Lunch & Dinner
  Battered Baked
  Cod
  Snap Peas
  Herb Roasted
  Red Potatoes
- 5 Breakfast
  Bacon, Egg &
  Cheese Pressed
  Burrito
  Lunch & Dinner
  Pot Roast
  Carrots
  Mashed Potatoes

- 8 Breakfast
  Sausage, Egg &
  Cheese Croissant
  O'brien Potatoes
  Lunch & Dinner
  Hot Dogs
  Tatar Tots
  Chili
- Breakfast Eggs, Breakfast Meat, Potatoes

**Breakfast** 

Eggs, Breakfast

- Lunch & Dinner Sloppy Joes French Fries Peas
- 10 Breakfast
  Biscuits and
  Sausage Gravy
  Scrambled Eggs
  Lunch & Dinner
  Pizza by the Slice
- 11 Breakfast
  Cinnamon Rolls
  Oatmeal
  Lunch & Dinner
  Tuna Noodle
  Casserole
  Carrots
  Breadstick
- 12 <u>Breakfast</u> Breakfast Pizza <u>Lunch & Dinner</u> Taco Bar

- 15
  <u>Breakfast</u>
  Suusage, Egg &
  Cheese Croissant
  Obrien Potatoes
  <u>Lunch & Dinner</u>
  Chicken Pot Pie
  Honey Wheat
  Dinner Roll
- 16 Breakfast
  Huevos
  Rancheros
  Burrito
  Lunch & Dinner
  Potato Bar
- 17 Breakfast
  Biscuits and
  Sausage Gravy
  Scrambled Eggs
  Lunch & Dinner
  Pulled Pork
  Mac & Cheese
  Coleslaw
- 18 Breakfast
  Spinach and Feta
  Strata
  Lunch & Dinner
  Honey Grilled
  Chicken
  Garlic Roasted
  Vegetables
  Mashed Potatoes
- 19 Breakfast
  Bacon, Egg &
  Cheese Pressed
  Burrito
  Lunch & Dinner
  Swedish
  Meatballs
  Green Beans

- 22 Breakfast
  Sausage, Egg &
  Cheese Croissant
  Obrien Potatoes
  Lunch & Dinner
  Chicken Tenders
  Peas
  Mashed Potatoes
- 23 Breakfast
  Eggs, Breakfast
  Meat, Potatoes
  Lunch & Dinner
  Meatloaf
  Mac & Cheese
  Broccoli &
  Cauliflower
- 24 Breakfast
  Biscuits and
  Sausage Gravy
  Scrambled Eggs
  Lunch & Dinner
  Barley &
  Vegetable
  Ragout
- Cinnamon Rolls
  Oatmeal
  Lunch & Dinner
  Breaded
  Chicken Patty
  Party Potatoes
  Green Beans
- 26 Breakfast
  Breakfast Pizza
  Lunch & Dinner
  Sloppy Joes
  French Fries
  Peas

- 29 Breakfast
  Sausage, Egg &
  Cheese
  Croissant
  Obrien Potatoes
  Lunch & Dinner
  Tatar Tot
  Casserole
  Breadstick
- Breakfast
  Huevos Rancheros
  Burrito
  Lunch & Dinner
  Lasagna
  Roasted
  Vegetables
  Dinner Roll
- 31 Breakfast
  Biscuits and
  Sausage Gravy
  Scrambled Eggs
  Lunch & Dinner
  Pizza by the
  Slice
- Did You Know?
  You'd have to eat
  7 cups of corn flakes
  to get the same
  amount of fiber
  as 1 medium
  orange.

Market
Table Feature
Citrus is very high in antioxidants, which help to reverse the aging process.