



Buchanan County  
Health Center

MEDICAL OFFICE  
BUILDING  
NEARING  
COMPLETION

SET TO OPEN  
NOVEMBER 2017

Page 3

Here For You. Trusted For Life.

Summer 2017



# 3D Mammography At BCHC

*The newest technology in  
the fight against breast cancer.*

Page 2

We've got a lot to  
talk about! Get all  
the news at:

[BCHealth.org](http://BCHealth.org)

Like us on Facebook!



Follow us on Twitter!



**BCHC Excelling in  
Patient Satisfaction—**

Read what our patients  
are saying

Page 7



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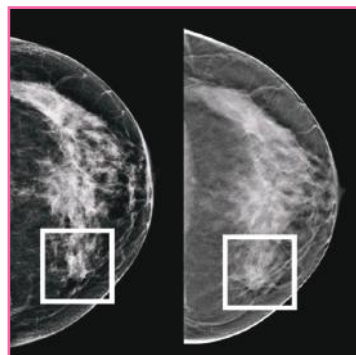
# Because She Needs You— 3D Mammography Coming to BCHC

## Because she needs you for life's big and little moments.

BCHC is excited to announce the addition of 3D mammography to its rich list of in-house radiology services, beginning in mid-August. Studies have shown that 3D mammography is 41% more effective in detecting invasive breast cancers (compared to traditional 2D mammography), and that it significantly reduces false positive results while contributing to 25% of earlier breast cancer diagnoses.

*I've always had a 2D mammogram. Why should I make the switch to 3D?*

Conventional 2D mammograms only provide a 2D image to evaluate the breast. This can be limiting due to overlapping layers of tissue, which can sometimes produce unclear results, false alarms, or worse—cancer being missed. 3D mammography works by capturing multiple “slices” (images) of your breast from several angles. Similar to turning the pages of a book, radiologists and doctors can review the data by seeing each image one “slice” at a time, making it easier for them to see if



The image on the left is an example of 2D mammography while the image on the right depicts a 3D image. The white squares indicate the area that was diagnosed as breast cancer.

there are any abnormalities to be concerned about. Breast cancer is the second-leading cause of cancer deaths among women. Because of the advanced technologies available with 3D mammography, this exam helps detect breast cancer at its earliest stages, when it is most treatable.

A non-invasive exam, annual mammograms are recommended by the American Cancer Society for women age 40 and above. A 3D mammogram is appropriate for any woman, regardless of age or health history. A lifesaving tool, BCHC's purchase of the Genius™ 3D Mammography™ machine is the only mammogram proven to detect breast cancers up to 15 months earlier than 2D exams.



**BCHC offers a full range of radiology services read by radiologists from RCI for a timely turn-around to your doctor to help facilitate fast results and diagnoses. Same-day appointments available, 3D mammography is paid for by Medicare and many private insurers. To make an appointment, please call BCHC's Radiology Department at 319-332-0870.**

**3D mammography is the newest technology in the fight against breast cancer:**

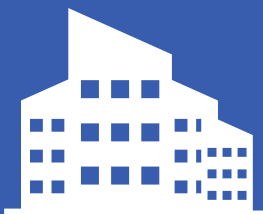
- More accurately detects invasive breast cancer
- Significantly reduces false positive results
- Assists with earlier breast cancer diagnoses

Source: *The Journal of the American Medical Association*

What our patients are saying:

*"I could not have asked for better or more professional care!"*





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# “Building for You” Project Nearing Completion—Medical Office Building Opening in November

With fall quickly approaching, we’re excited to share photos of the progress being made on the “Building for You” project. Since our last update, the therapy and wellness expansion has opened, construction has begun on our gym expansion, and interior work is underway in our medical office building. Set to open during the month of November, the medical office building will be the new home to our specialty clinics, Medical Associates primary care, sleep studies, the Auxiliary Gift Shop, Ryan Pharmacy, and more. To stay up-to-date on our continuous progress, check out Buchanan County Health Center on Facebook for photos and live tours. *We can’t wait to share this with you!*



Wellness & Therapy check-in and registration



Spacious therapy bay



One of two large fitness studios



Newly remodeled locker rooms



A look at the grand staircase in the medical office building, with elevators on the opposite side



Looking down from the second floor to the main hallway of the first floor of the medical office building



One of several exam rooms in the new specialty clinic space



One of several exam rooms in the new specialty clinic space



Hallway of primary care exam rooms on the second floor of the medical office building

Join us for an open house on Sunday, November 12th from 1-4 p.m. to tour our **new medical office building and therapy and wellness expansion!**

# BCHC Celebrates 100— A Timeline of Milestones

On January 1st, BCHC embarked upon its 100th year of providing healthcare services to the communities of Buchanan County and the surrounding areas. Rich in history, Buchanan County Health Center's commitment to providing the highest quality of health and wellness services has never been stronger. Whether you've chosen to be cared for at our facility during its early years or just as of late, we appreciate the trust you have placed within our hands as we look forward to caring for you and your loved ones for another 100 great years.

The first addition was built, converting the initial hospital building into the nurses' residence

The third addition was built, adding 25 beds due to the growing number of surgical cases and inpatient stay

People's Hospital changed ownership, transitioning from a private, community hospital to a public, county hospital, and adopted the name of "People's Memorial Hospital"

1917

1923

1930

1950

1957

1965

1968

People's Hospital opened its doors in what is known as the former Lee Mansion on the east side of Independence



The McKensie addition was added, connecting the hospital to the nurses' residence



A fourth addition and wing was completed, increasing the bed capacity by 20 and creating a new laboratory and X-ray department



The new People's Memorial Hospital was built on the present-day BCHC campus, converting the old space into a long-term care facility

A \$1.25 million-dollar expansion was completed, to be used for emergency, outpatient, admitting, and medical record services, as well as a business office in order to meet the growing healthcare needs of the citizens in Buchanan County

Oak View, a 24-unit independent living community was added, providing a low-maintenance living option to active senior citizens

During an \$8 million-dollar addition and renovation, the emergency and surgery departments were completed, featuring new patient exam rooms and trauma bays and state-of-the-art operating rooms and surgical equipment

Present – BCHC is currently undergoing a 74,000-square-foot expansion and remodel. The project will feature an expansion to and renovation of the Therapy & Wellness Center, a new, two-story medical office building, and an extension and redesign of the Surgery Department and inpatient wing. This project is set for full completion by Spring 2018.



1988

1992

1994

2004

2010

2013

2016



A new, long-term care center attached to the current standing building was opened



A \$2.5 million-dollar expansion was completed with the addition of the Therapy & Wellness Center



A \$1 million-dollar in-house MRI suite was completed

What our patients are saying:

*"Staff always makes me feel like I'm their only patient and that's very relaxing. Great people at BCHC."*





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## Oak View Independent Living— New Pricing Structure

There's now more reasons than ever before to make the move to Oak View Independent Living. A beautiful, 24-apartment retirement community located on the campus of BCHC, Oak View is now offering new and affordable buy back and leasing options to prospective homeowners and tenants. Before, homeowners were only guaranteed a buyback of 70%, regardless of the time they spent at Oak View. Under the new financial structure, a buyback of up to 90% is available for short-term homeowners.

Home ownership at Oak View is a unique lifestyle choice for people over the age of 60 who want to enjoy the luxuries of owning their own homes without the responsibilities that often go along with it. The two- and three- bedroom apartment-style homes feature an open floor plan with a large living space, fully-equipped kitchen and dining area,

spacious bedrooms, laundry room with appliances, and bathroom with maintenance and housekeeping available. With an underground garage for your vehicle and additional storage, Oak View simplifies home ownership so you can enjoy retirement to its fullest.

While you enjoy the low-maintenance style of living at Oak View, you can also have peace of mind that your dollars will be protected in the event that you don't stay at Oak View long, regardless of the reason.

### NEW Oak View Buyback & Lease Options

**90% buyback** - 0-2 years of homeownership

**80% buyback** - 3-4 years of homeownership

**70% buyback** - 5+ years of homeownership

**Want to give Oak View a trial run?  
Consider renting an apartment with  
our three-month lease options:**

**1-bedroom apartment** - \$1,360/month

**2-bedroom apartment** - \$1,600/month

**2-bedroom apartment + den** - \$1,840/month

*\*Free Wellness membership to all homeowners and tenants!\**



*You've worked hard for your retirement, and we're happy to help you enjoy it.*

Call us at **(319) 332-0940** to schedule a tour and see how you can begin living the Oak View way of life.

### What our patients are saying:

*"Waiting time was very minimal. The nurses were very friendly and helpful and they made me feel very relaxed and confident that all would go well."*

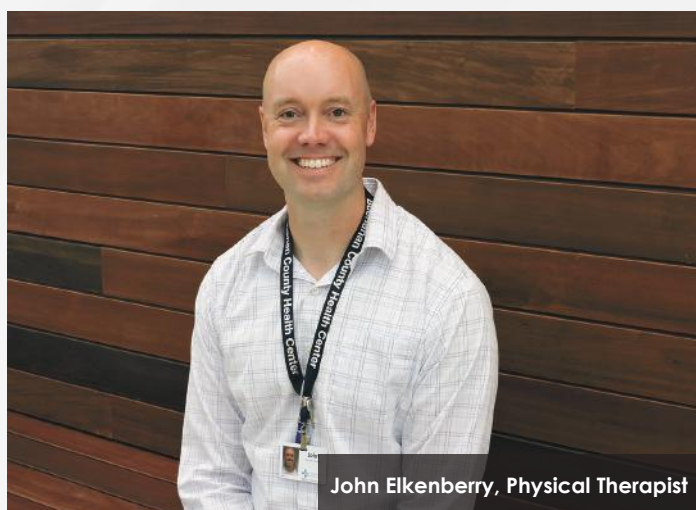


## Where You Come First: BCHC—Excelling in Patient Satisfaction

At BCHC, your opinion matters. Our staff of over 250 strives to make your experiences at BCHC the best that they can be, in sickness and in health. To help us learn about your experience and ways that we are excelling, along with areas of growth, you may receive a survey from us upon completion of your received service. If you have received a survey from us in the past, you know that several questions are asked about your satisfaction in the care you have received—from provider care and privacy to overall hospital

atmosphere and cleanliness. While it may take some time to complete this survey, you are providing BCHC with a great gift—your feedback.

Recently, BCHC's Emergency Department reached a great milestone by achieving a rank within the 95th percentile of all emergency departments in Press Ganey's database. One patient commented, "Everyone was wonderful! Everything was fast! I felt safe and the staff helped me find out what all my pains were from."



John Elkenberry, Physical Therapist

### Emergency Department Patient Satisfaction Scores: January-March 2017

Survey Topic	Mean Scores
<b>Arrival</b> - Waiting time, helpfulness of staff, comfort of waiting area	94.0
<b>Nurses</b> - Courtesy, attentiveness, concern for privacy, informative	95.1
<b>Provider</b> - Courtesy, attentiveness, informative, concern for comfort	93.0
<b>Tests</b> - Courtesy of staff, concern for comfort, waiting time	95.1
<b>Personal/Insurance Issues</b> - Privacy during registration, ease of giving personal information, courtesy of staff	92.3

“

### Feedback from former physical therapy patient

*John was my physical therapist. He is very good with therapy and keeping your spirits up and encouraging, which helped me know I could do it. He sure did that.*

”

*It is our mission to provide an exceptional patient experience to you and your loved ones. With your help, we continue to learn about what we are doing well and areas that we can improve upon.*

Your feedback is a gift. Let us know how we're doing! Drop us a line at [info@bchealth.org](mailto:info@bchealth.org) or leave us a review by visiting Buchanan County Health Center on Facebook.

What our patients are saying:

*"They made sure I understood my treatment and answered questions or any concerns I had or have."*



# Buchanan County Health Center

1600 First St. East  
Independence, IA 50644

## Buchanan County Health Center Specialty Clinic

Phone: 319-332-0950

Specialty	Provider	Affiliate	Schedule	To Schedule
<b>Audiology</b>	Amy Melik-Israyelyan	Iowa Hearing Clinics	Every Monday	800-728-4327
<b>Cardiology</b>	Abbie Schaa, ARNP	Cedar Valley Medical Specialists	Every Tuesday	877-514-3278
	Dr. Keith Kopec	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
	Dr. Boothapuri Venkatesh	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
	Dr. Matthew McMahon	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
	Dr. Laila Payvandi	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
	Dr. Georges Hajj	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
	Dr. Ojas Bansal	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
	Dr. Fahed Al Darazi	UnityPoint Clinic	Every Mon. & 3rd Wed.	800-982-1959
<b>ENT/Facial Plastics</b>	Dr. Kevin Carpenter	Physician's Clinic of Iowa	2nd Wednesday	319-399-2022
	Mary "Meg" Heatley, PA-C	Cedar Valley Medical Specialists	Every Thursday & Friday	866-896-7619
	Dr. David Congdon	Cedar Valley Medical Specialists	3rd Friday	866-896-7619
<b>Nephrology</b>	Dr. Vinay Kantamneni	Cedar Valley Medical Specialists	2nd & 4th Monday	319-332-0950
	Jan Davis, ARNP	Cedar Valley Medical Specialists	2nd & 4th Monday	319-332-0950
	Dr. Cristina Pasarin	Covenant Clinic	1st & 5th Friday	800-525-8153
<b>OB/GYN</b>	Dr. Gwen Fang	UnityPoint Clinic	2nd & 4th Wednesday	319-266-5491
<b>Oncology</b>	Dr. Jasmine Nabi	Mercy Medical Center	1st & 3rd Tuesday	319-332-0950
<b>Orthopedics</b>	Dr. Benjamin Torrez	Cedar Valley Medical Specialists	Every Wednesday	888-251-9670
	Liz Hoy, ARNP	Cedar Valley Medical Specialists	1st, 3rd, & 4th Wed.	888-251-9670
	Dr. David Hart	Physician's Clinic of Iowa	2nd Monday	319-332-0950
	Dr. Sandeep Munjal	Physician's Clinic of Iowa	4th Friday	319-332-0950
<b>Phy. Med. &amp; Rehab</b>	Dr. F. F. Manshadi	UnityPoint Clinic	1st & 3rd Monday	319-234-0109
<b>Podiatry</b>	Dr. Charles Cibula	Cedar Valley Medical Specialists	Every Thursday & Friday	800-362-4180
	Dr. Jeff Klein	Klein Podiatry	1st Monday	866-228-1060
	Dr. David Hemmes	Foot and Ankle Specialists	1st, 2nd, & 3rd Friday	319-332-0950
<b>Pulmonology</b>	Dr. Muhammad Anwer	UnityPoint Clinic	2nd & 4th Tuesday	319-363-3565
	Dr. Hamad Azam	UnityPoint Clinic	2nd & 4th Tuesday	319-363-3565
<b>Rheumatology</b>	Dr. George Issac	Dubuque Rheumatology	1st & 3rd Tuesday	563-583-4848
<b>Surgery Clinic</b>	Dr. Brian Gerrelts	Cedar Valley Medical Specialists	Every Mon. & Thurs.	800-775-3691
	Dr. Scott Houghton	Cedar Valley Medical Specialists	Every Tuesday	800-775-3691
<b>Urology</b>	Dr. Jon Rippentrop	Physician's Clinic of Iowa	2nd & 4th Tuesday	319-247-3627
	Dr. Tom Richardson	Physician's Clinic of Iowa	2nd & 4th Tuesday	319-247-3627
	Dr. Steven Mindrup	Physician's Clinic of Iowa	2nd & 4th Tuesday	319-247-3627
	Dr. Mark Newton	UnityPoint Clinic	2nd & 4th Wednesday	319-233-0340
	Dr. Eric Askeland	UnityPoint Clinic	2nd & 4th Wednesday	319-233-0340
<b>Women's Health</b>	Jenna Berendzen, ARNP	Allen Women's Health	1st & 3rd Wednesday	319-334-7005
<b>Wound Center</b>	Dr. Scott Houghton	Buchanan Co. Health Center	Every Tuesday	319-332-0937
	Bethany Stevens, ARNP	Buchanan Co. Health Center	Every Mon., Wed., Thurs.	319-332-0937
	Michelle Wenzel, ARNP	Buchanan Co. Health Center	Every Friday	319-332-0937

### Local surgical services are offered by:

Dr. Charles Cibula - Podiatry  
Dr. David Hemmes - Podiatry  
Dr. Benjamin Torrez - Orthopedics  
Dr. Kevin Carpenter - ENT/Facial Plastic Surgery

Dr. David Congdon - ENT/Facial Plastic Surgery  
Dr. David Sedlacek - Pain Clinic  
Dr. Daniel Miller - Ophthalmology  
Dr. Theresa Larson - Ophthalmology

Dr. Scott Houghton - General Surgery  
Dr. Brian Gerrelts - General Surgery  
Dr. Anthony Leo - General Surgery

