

May 2018

Lexington Estate

at Buchanan County Health Center

1600 1st St. East • Independence, Iowa • (319) 332-0915 • bchealth.org

Celebrating May

May Day

May 1st

National Nurse's Week

May 6th-12th

Celebration for Ladies!

Music with Mom

Mary Kay Miller Pianist

Pie & Coffee

In the BCHC Café

May 6th

Mother's Day

May 14th

National Nursing Home Week

May 13th-19th

National Law Enforcement Week

May 13th-19th

Memorial Day

May 28th

Celebration of Life Service

May 31st

“Celebrating Life Stories”

National Nursing Week

May 6th-12th

National Nursing Home Week

May 13th -19th

In celebration of National Nursing Week, and National Nursing Home Week, Lexington Estate staff would like to invite you to visit a loved one, family member, or friend.

We believe in person directed care, because close bonds are made between staff, residents and families. Being able to make choices along with time spent in various activities is vital to living life with a purpose.

Join us this month as we celebrate life stories through the decades with our residents.

- ◆ Monday May 14th— Celebrating the decade of the “1930’s” Afternoon Show & Tell
- ◆ Tuesday May 15th –Celebrating the decade of the “1940’s” Afternoon Music with Michelle Mc Bride
- ◆ Wednesday May 16th– Celebrating the decade of the “1950’s” Lunch meal Burgers & Fries, Cherry Cokes
- ◆ Thursday May 17th– Celebrating the decade of the “1960’s”. Afternoon Fashion Show through the decades
- ◆ Friday May 18th Celebrating the decade of the “1970’s”. Afternoon “This is your life party”

Taste of Home

Hostess Cupcake Cake

- One 15.25-ounce box devil's food cake mix (plus required ingredients)
- 6 tablespoons unsalted butter, at room temperature, plus 2 tablespoons unsalted butter
- 1 cup marshmallow fluff
- 1 1/2 cups confectioners' sugar
- 1/3 cup plus 1 tablespoon heavy cream
- 1 tub chocolate frosting

Directions

Special equipment: 9 X 13 Cake Pan and a piping bag fitted with a long thin round tip

Prepare a 9 X 13 pan according to the cake mix package directions. Bake the Devil's food cake according to the package directions. Let cool completely.

Combine the softened butter and marshmallow crème in a large bowl and beat with an electric mixer until smooth and well combined. Add the confectioners' sugar and 1 tablespoon cream and beat until fluffy, about 3 minutes. Put the marshmallow creme mixture into a piping bag fitted with a long thin round tip.

Make 12 evenly-spaced holes in cake using a wooden spoon. Insert the piping tip in each of the hollowed-out holes and pipe in some marshmallow mixture until it starts to ooze out the top of the hole, reserving about 1/4 cup frosting for decorating the top of the cake.

Put tub of chocolate frosting in the microwave for 30 second intervals until pouring consistency. Spoon over the cake and let cool until set, about 30 minutes. Pipe connecting loops over the top of the cake with the remaining frosting in the piping bag. Serve immediately or cover and refrigerate for up to 2 days.

May Birthdays

- Audrey Hepburn (actress) – May 4, 1929
- Tammy Wynette (singer) – May 5, 1942
- Don Rickles (comedian) – May 8, 1926
- Irving Berlin (songwriter) – May 11, 1888
- Queen Victoria (monarch) – May 24, 1819
- Vincent Price (actor) – May 27, 1911
- Bob Hope (comedian) – May 29, 1903
- Clint Eastwood (actor) – May 31, 1930

Happy Birthday to Our Own Celebrities!

- Dale Buckman May 7th
- Anna Crawford May 9th
- Noni Caldwell May 18th
- Marilyn Harberts May 19th
- Nadine Stevens May 30th



In Loving Memory

Donavan Axtell

June 30, 1930 – April 16, 2018

Edna Henderson

December 14, 1928 – April 17, 2018

Iva Jean King

February 30, 1930 – April 28, 2018

Dorothy Ciesielski

March 14, 1920 – April 28, 2018

Mary Tarpy

November 3, 1936 to April 29, 2018



Royal Wedding Watch': PBS Sets Series Following Prince Harry & Meghan Markle's Nuptials

by [Dino-Ray Ramos](#)



REX/Shutterstock

The time is upon us: [Prince Harry](#) and [Meghan Markle](#) are about to make it official with the wedding of the year. [PBS](#) is ramping up for this global event with [Royal Wedding Watch](#), a five-part nightly series starting May 14 which will culminate in the live broadcast of the wedding of the prince and the actress on May 19.

The series will be hosted by Meredith Vieira and British television presenter Matt Baker. For five days, the two will keep royal wedding fanatics updated on the fancy preparations for the event before Harry and Meghan are joined in matrimony at St. George's Chapel at Windsor Castle. Throughout the week, the hosts will be joined in-studio by experts, commentators and special guests. BBC presenter and host Anita Rani will report live from Windsor Castle each night, and English historian Lucy Worsley, Joint Chief Curator at Historic Royal Palaces, will give the audience all we need to know about the pageantry, pomp, and protocol surrounding the royal couple's nuptials.

Royal Wedding Watch will be produced by BBC Studios' Topical and Live Unit and will come nightly from London. The series will air May 14-17 at 9 PM Central time and May 18, 9:30 PM Central Time. The royal wedding will take place on Saturday morning, May 19 on PBS.

*Join us for a
Celebration Of Life
Service on
Thursday
May 31st @ 2:00*



Please join us for a celebration of life service honoring the lives of residents who have passed away. We have fond memories of each one and want to acknowledge the blessing they were to us. If you would like to donate a flower basket for our patio area or to hang outside a resident room in memory of a loved one please bring it with you to the service.

Cola Cure-All

People have been drinking Coca-Cola since May 8, 1888, when the soft drink was first served by Dr. John S. Pemberton at Jacob's Pharmacy in Atlanta, Georgia. Yes, Coca-Cola was first marketed as a medicinal cure-all beverage for ailments such as headaches, nerve disorders, addictions, and indigestion. By 1900, sales of Coca-Cola had reached 100 million annually. Perhaps this surge in popularity had to do with Coca-Cola's brilliant marketing strategy of issuing tickets that could be redeemed at any location for a free glass—these tickets are considered the first coupons ever invented. Today



Coca-Cola is as popular as ever. And it is still marketed as a medicinal cure for stomach blockages. Apparently, Coca-Cola's chemical ingredients can cure a condition called gastric phytobezoar with a 90% success rate.



Save The Date

Sunday, May 6, 2018

2:00-3:00pm

You're Invited!

Pie & Coffee Social

Gift Shop will be open for your shopping pleasure

Celebrating all ladies

Music with Mom

Pianist Mary Kay Miller



Buchanan County Health Center

Contact Dianne or Dodie to RSVP 319-332-0914

Join us in the new Café at BCHC

1600 1st Street East, Independence, Iowa 50644



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities for Patients in the Hospital Visits Monday-Friday  May 2018 Beauty Shop Mondays & Thursdays *Denotes Birthday	9:30 Sing & Swing Kickball 10:00 Cards & Coffee 1:30 Giant Crossword May Day	9:30 Sing & Swing Cards & Coffee 10:00 Cards & Coffee 11:30 Take Out 1:30 Music with Nancy Hooten	9:30 Sing & Swing Beanbag Toss 11:30 What's in the News 1:30 Bingo - VFW 3:00 Happy Hour *Anna Crawford	8:30 Manicures 10:30 Protestant Church- Alex Bruening 1:30 Music with Jim Kinney	9:30 Sing & Swing Cards & Coffee 10:30 Little Friends 12:30 Music with Linda 1:30 Faux Mexican Tin Art- Margaritas	Kentucky Derby Watch on NBC Cinco de Mayo
National Nursing Week 2:00-3:00 Celebrating Ladies Music in the BCHC Café 4:00 Church with Gary Wilson	9:30 Sing & Swing 1:00 Community Chat Senior Center *Dale Buckman	9:30 Sing & Swing Cards & Coffee 11:30 Take Out 1:30 Music with Nancy Hooten	9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour Celebrating the "1950's" 3:45 Sing a Long First Day of Ramadan	8:30 Manicures 10:30 Prot. Church John Sheda 11:30 Resident & Staff Pizza Party 1:30 Fashion Show 6:30 Andersen's Celebrating the "1960's"	9:30 Sing & Swing Cards & Coffee 10:30 Catholic Service 1:30 "This is Your Life" Party Celebrating the "1970's" *Marilyn Harberts Armed Forces Day	Royal Wedding Watch on PBS *Marilyn Harberts Armed Forces Day
4:00 Church with Gary Wilson First Day of Shavuot	9:30 Sing & Swing 1:00 Movie at the Starlight	9:30 Sing & Swing Cards & Coffee 1:30 Birthday Party Jesup Methodist Church	9:30 Sing & Swing Bag Toss 11:30 What's in the News 1:30 Bingo St. Pat's 3:00 Happy Hour	8:30 Manicures 10:30 Protestant Church 1:30 Walk & Roll BCHC Staff & Residents	9:30 Sing & Swing Cards & Coffee 10:30 Catholic Service Sharon B. 1:30 Music with Dave Poggenklass	
11:00 Church on 27 local radio 95.3 with Pastor Scott Meador Indy 500 2:00 Race Day Sundaes on Sunday	9:30 Sing & Swing 10:00 Resident Council 1:30 Trivia Time Memorial Day	9:30 Sing & Swing Bag Toss 11:30 What's in the News 1:30 Bingo Zion Lutheran 3:00 Happy Hour Pet Visits *Nadine Stevens	8:30 Manicures 10:30 Protestant Church- 2:00 Celebration of Life Service	8:30 Manicures 10:30 Protestant Church- 2:00 Celebration of Life Service	Lexington Estate Dianne Hepke 319.332.0914 563.920.2635 or dhepke@bchealth.org	Lexington Estate Dianne Hepke 319.332.0914 563.920.2635 or dhepke@bchealth.org

LAW ENFORCEMENT *-Appreciation-* WEEK

Join the residents of Lexington Estate at BCHC as they honor local law enforcement during the week of May 14th - May 18th.

Join us during the following times for coffee & treats:

MONDAY-FRIDAY FROM: 7AM-9AM , 11:30AM-1:30PM , OR 4:30-6:30PM

Please enter through the Lexington Estate door, adjacent to the new medical office building.

Lexington Estate
at Buchanan County Health Center

Making a Difference

March Recipients

The following Lexington Estate Team members were nominated for "Making a Difference" by fellow co-workers for exhibiting the following BCHC Standards of Character:

Integrity Compassion Professionalism Trust Teamwork Quality Pride

Robbie Rouse Maintenance

Becky Hurst, Lexington Estate

Kevin Roberts, Maintenance

Dawn Cain, Lexington Estate

Kristin Bascom, Lexington Estate

Dodie Henningsen, Activities

Staci Koob, Lexington Estate

Lisa Colton Nutrition Services

Sue Streeter, Lexington Estate

Diana Morris, Lexington Estate

To nominate a fellow co-worker for going above and beyond, please fill out a "Making a Difference" form and return it to your manager or to the mailbox of Michelle McBride. Must provide specific example of outstanding behavior