

NOVEMBER 2018

Lexington Estate

at Buchanan County Health Center

1600 1st St. East • Independence, Iowa • (319) 332-0915 • bchealth.org

We Honor... Our Veteran's at Buchanan County Health Center

Vernon Gudenkauf– Corporal U.S. Army
1953-1955

Leo “Dewey” Donnelly– Sargent U. S. Army
1946-1947

Carroll McTaggart- Private 1st Class U.S. Army
1956-1958

Dale Buckman-Corporal U.S. Army
1950-1954

Frank “Bud” Hare-Private 1st Class U.S. Marines
1944-1946

Merritt Jr. McCardle-Aviation 3rd class ordinance
U.S. Navy
1950-1954

Muriel “Maxine” Stepp–SN Wave U.S. Navy
1951-1953



Taste of Home



- **Prep Time:** 15 mins

Ingredients

- 1/4 cup light brown sugar, packed
- 1/2 cup white sugar
- 1 teaspoon salt
- 2 teaspoons ground cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon ground cloves
- 1 teaspoon nutmeg
- 1 tablespoon pure vanilla extract
- 2 large eggs
- 1 (15 ounce) cans Libby's canned pumpkin
- 1 (12 fluid ounce) cans Carnation Evaporated Milk
- 1 unbaked 9-inch deep dish pie pastry (4 cup volume)

Directions

1. Mix sugars, salt and spices in a large bowl.
2. Beat eggs in small bowl and pour into sugar/spice mixture.
3. Empty can of pumpkin into sugar/spice mixture.
4. Mix everything with a wooden spoon or a wire whip, use a rubber spatula to incorporate all ingredients . Add evaporated milk gradually and continue stirring.

Pour into pie shell.

Bake in preheated oven at 425 degrees F. for 15 minutes. Reduce temperature to 350 degrees F. and bake for an additional 40-45 minutes, or until toothpick inserted in center comes out clean.

About This Pumpkin Pie Recipe

"A traditional pumpkin pie recipe with kicked up flavor. It is similar to the recipe on the Libby's Pumpkin can, with the addition of extra spices, some brown sugar, and vanilla extract to make it extra flavorful."

November Birthdays

- Marie Antoinette (queen) – Nov. 2, 1755
- Art Carney (actor) – Nov. 4, 1918
- John Philip Sousa (conductor) – Nov. 6, 1854
- Petula Clark (singer) – Nov. 15, 1932
- Mickey Mouse (cartoon) – Nov. 18, 1928

Happy Birthday to Our Own Celebrities!

- Nancy Tyler Nov. 3
- Frank Hare Nov. 6
- Vernon Gudenkauf Nov. 8
- Ron Kaiser Nov.23



Welcome to the Neighborhood

Charles Brown & Patricia Tarbox

Thanksgiving Dinner

Thursday, November 22nd @ noon. If you would like to eat with your loved one would you please make a reservation with the dietary department by Monday, November 8th.

Also, if you will be taking your loved one out for Thanksgiving would you let us know that as well.

There will be a sign up sheet at the nurse's desk for either option!





Jody Gienapp is riding on to a new opportunity with Aramark!

Join us in congratulating Jody Gienapp on her promotion within the Aramark company.

Jody was promoted and given responsibility to grow the retail division of all UnityPoint partnered hospitals. In her new role, she will work on developing plans to increase revenue in the cafeteria for employees and visitors, with which she has succeeded tremendously within our organization. Unfortunately for us, Jodi's promotion will mean we will lose her as our manager here at BCHC. While it will be hard to replace Jody as both a manager and a cheerleader for positivity, we are very happy for the contributions she has made to our organization.

Thanks "Giving"....Gifts that cost you little to nothing but are priceless!

- Read to residents with low or no vision
- Donate things you no longer need –clothing-Knick knacks, books
- Donate old eyeglasses to the Lions Club
- Help a resident write out their Christmas cards
- Visit with a resident and take them "Out to Lunch in the Cafeteria"
- Sign up to be an organ donor
- Rake the neighbors leaves
- Hold the door open for someone
- Smile, tell someone hello, give a hug



Buchanan County Health
Center Lexington Estate
cordially invites you to attend
Christmas Open House

*Appetizers
Treats and Sweets*

*Saturday,
December 15, 2018*

2:00-4:00 pm

Lexington Dining Room
Music with Ronnie Burgess

2:30-3:30

Santa will be here @ 3:00!



Reservations are appreciated

Please R.S.V.P. Dianne @

319-332-0914

No later than, December 3rd.



**It's Flu Season...
Do Them a Favor
Stay Home until you
are better !**

If you are feeling under the weather we would ask that you please stay home.

Likewise, if we are experiencing widespread illness we may restrict visitors and ask our residents not to go out.

We are encouraging that 100% of our employees will receive their flu vaccine. All residents who are able and consented have also received their vaccination.

If we all do our part we will stay happy and healthy this winter.

Remember handwashing is the best defense against infectious diseases!



In Loving Memory

Ron Lentzkow

August 17, 1935– October 11, 2018

Holiday Reminders Save the Date !!

Resident Party December 15th!!

*****Please deliver a gift (with resident's name)**

for your family member to the activity dept.by

December 10th so that we may have them ready

for Santa to hand out.



Getting Ready for the Trick or Treaters!



Ready for the Luau Party!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Hospital skilled patients are always welcome to come for Lexington Meals or Activities!

November 2018

Lexington Estate

Dianne Hepke 319.332.0914-563.920.2635 or dhepke@bchealth.org

<p>4</p> <p>4:00 Church Gary Wilson</p>	<p>5</p> <p>9:30 Sing & Swing Ladder Golf</p> <p>1:00 Load Bus for Veteran Program at the Senior Center</p>	<p>6</p> <p>9:30 Sing & Swing</p> <p>10:00 Cards & Coffee</p> <p>1:30 Giant Crossword *Frank "Bud" Hare</p>	<p>7</p> <p>9:30 Mass with Father Dave</p> <p>9:45 Sing & Swing</p> <p>11:30 What's in the News</p> <p>1:30 Bingo St. John's 3:00 Happy Hour 3:45 Sing a Long</p>	<p>8</p> <p>8:30 Manicures</p> <p>10:30 Prot. Church- James Ganze 11:00 Communion with Mary Kay</p> <p>1:30 Pet visits</p> <p>1:30 Samson DVD with Sue Ann Popcorn *Vernon Gudenkauf</p>	<p>9</p> <p>Casual Day</p> <p>9:30 Sing & Swing- 10:00 Cards & Coffee</p> <p>2:00 Card Bingo</p> <p>3:30 Veteran Recognition Happy Hour with VFW</p>	<p>10</p> <p>2:00 Snack Cart</p>
<p>11</p> <p>11:30 Church on Local Radio 95.3 Pastor Scott Meador</p> <p>6:15 Sunday Night Movie & Popcorn</p> <p><small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>12</p> <p>9:30 Sing & Swing Bag Toss</p> <p>1:00 Wal-Mart Shop</p> <p>6:30 Women's Connection Oak View</p>	<p>13</p> <p>9:30 Sing & Swing</p> <p>10:00 Cards & Coffee</p> <p>11:30 Take Out Tuesday</p> <p>1:30 Music with Nancy</p>	<p>14</p> <p>9:30 Sing & Swing</p> <p>Table Tennis</p> <p>11:30 What's in the News</p> <p>1:30 Bingo-V.F.W. #2440 Auxilliary</p> <p>3:00 Happy Hour</p>	<p>15</p> <p>8:30 Manicures</p> <p>10:30 Prot. Church Sarah Rohret</p> <p>1:30 Outing to Veteran's Museum Waterloo</p> <p>6:30 Andersen's</p>	<p>16</p> <p>9:30 Sing & Swing</p> <p>10:00 Cards & Coffee</p> <p>10:30 Room Visits with Sharon</p> <p>2:00 Taste Of Home</p>	<p>17</p> <p>2:00 Snack Cart</p>
<p>18</p> <p>3:00pm Music with David Gray</p> <p>4:00 Church Gary Wilson</p>	<p>19</p> <p>8:00 Load for breakfast at the Sunset Restaurant</p> <p>1:30 Uno Cards</p>	<p>20</p> <p>9:30 Sing & Swing</p> <p>10:00 Cards & Coffee</p> <p>1:30 Birthday Party Living Water Church</p>	<p>21</p> <p>9:30 Sing & Swing</p> <p>& Horseshoes</p> <p>11:30 What's in the News</p> <p>1:30 Bingo</p> <p>3:00 Happy Hour</p> <p>3:45 Sing a Long</p>	<p>22</p> <p>Have A Great Thanksgiving!</p> <p><small>Thanksgiving Day (US)</small></p>	<p>23</p> <p>9:30 Sing & Swing</p> <p>10:00 Cards & Coffee</p> <p>1:30 Mystery Activity</p> <p>*Ron Kaiser</p>	<p>24</p> <p>2:00 Snack Cart</p>
<p>25</p> <p>11:30 Church on Local Radio 95.3 Pastor Scott Meador</p>	<p>26</p> <p>9:30 Sing & Swing Ring Toss</p> <p>1:15 Movie @ The Starlight</p>	<p>27</p> <p>9:30 Sing & Swing</p> <p>10:00 Resident Council Meeting</p> <p>11:30 Garden Club Mtg</p> <p>12:30 Garden Club Lunch</p> <p>1:00 Garden Club Craft with Residents</p>	<p>28</p> <p>9:30 Sing & Swing</p> <p>11:30 What's in the News</p> <p>1:30 Bingo-St. Pat's Winthrop</p> <p>3:00 Happy Hour</p>	<p>29</p> <p>8:30 Manicures</p> <p>10:30 Prot. Church Bob Solon</p> <p>1:30 Decorate for Christmas</p>	<p>30</p> <p>Casual Day</p> <p>9:30 Sing & Swing</p> <p>10:00 Cards & Coffee</p> <p>10:30 Catholic Service With Sharon Bainbridge</p> <p>1:30 Music with Dave Poggenklass</p>	<p>2:00 Snack Cart</p>