



Buchanan County  
Health Center

**BUCHANAN  
COUNTY HEALTH  
CENTER**

CALENDAR YEAR  
2018 STATISTICS

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*Here For You. Trusted For Life.*

**Spring 2019**



# Medical Associates Growing

*to Meet the Needs of Current & Future Patients*

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We've got a lot to talk about! Get all the news at:

**BCHealth.org**



Not your Grandfather's  
Colonoscopy: Stop Colon  
Cancer in its Tracks

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BCHC Welcomes New  
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# Buchanan County Health Center Calendar Year 2018

Supporting our Area's Health and Wellness

**January 1, 2018 - December 31, 2018**

Surgeries Performed:	<b>1,236</b>
Urgent Care Visits:	<b>3,430</b>
ER Visits:	<b>4,808</b>
Family Practice Visits:	<b>18,920</b>
Laboratory Diagnostic Tests:	<b>65,609</b>
Imaging Tests & Procedures:	<b>17,738</b>
Therapy Sessions (PT, OT, Speech):	<b>28,477</b>
Specialty Service Visits:	<b>10,330</b>

Total Patient Days of Care to Patients Admitted in Hospital:	<b>519</b>
Wound Clinic Visits:	<b>2,145</b>
Cardiac Rehab Sessions:	<b>430</b>
Respiratory Therapies & Procedures:	<b>6,863</b>
Current Wellness Center Members:	<b>950</b>



## Not your Grandfather's Colonoscopy: Stop Colon Cancer in its Tracks

Colon cancer is curable when detected at an early stage. The third leading cause of cancer-related death in the US, the death rate from colorectal cancer has been dropping for several decades. A contributing reason for this drop is due to early detection of precancerous and cancerous polyps through routine screening, allowing for immediate removal and treatment if cancerous. (American Cancer Society, Inc., 2019)

At BCHC, we try to make it as convenient as possible to stay up-to-date with your preventative care by providing local access to expert physicians who specialize in colon cancer screenings. What was once thought of as an invasive procedure, colonoscopies have improved over the years with less-daunting preparation measures and a better-tasting, lower-volume solution, more flexible scopes, less discomfort, and quicker recovery time.

Colon cancer screening should begin at age 50 for most people. However, if you have a strong family history of colon cancer or have concerning symptoms, please contact your family doctor to discuss appropriate screening options.

Colon cancer screenings are currently being offered Monday-Friday through the BCHC outpatient surgery department by:



**Melissa Garrett, MD**  
Cedar Valley Medical Specialists  
Specialty: General Surgery



**Brian Gerrelts, MD, FACS**  
Cedar Valley Medical Specialists  
Specialty: General Surgery



**Jason Kasenberg, DO**  
Cedar Valley Medical Specialists  
Specialty: General Surgery



**Arun K. Muthusamy, MD**  
Cedar Valley Gastroenterology  
Specialty: Gastroenterology



**William Schmitt, DO**  
Buchanan County Health Center  
Specialty: Primary Care

What our patients are saying:

*"I CANNOT tell you how much everyone was appreciated during this time. They did great updating us and making us feel like we were the only patient there."*





# Medical Associates Growing to Meet the Needs of Current & Future Patients

**Medical Associates of BCHC** has been serving Buchanan County and the surrounding areas for over 60 years. From its beginnings in a small office in downtown Independence, to its present home of over 12,000 square feet at BCHC, Medical Associates continues to evolve. Here are some of the ways Medical Associates has grown in the past year to better serve its valued patients, and future patients, for years to come.

## New Board-Certified Physicians

In August, Medical Associates welcomed two new board-certified physicians. The additions of Dr. David Fahey and Dr. William Schmitt provide patients with more access to local primary care.



David Fahey, DO



William Schmitt, DO

### Patient Navigator

Chronic disease can affect a person's quality of life, restricting him or her from everyday activities that, when managed well, he or she can still enjoy. Patients of Medical Associates living with diabetes or other chronic illnesses may be referred to the Patient Navigator for additional assistance, education, and disease management. The Patient Navigator will also help patients stay current with routine exams and testing.

### Same-Day Acute Access

With the addition of two new physicians, along with a new scheduling process, patients have the opportunity to be seen same-day for an acute illness or injury, based on provider availability. These appointments will be filled by the patient's primary care provider if possible, or by another member of the team if available.

### Kid's Clinic

This new offering allows established and non-established patients ages 0-18 to be seen right away in the morning for acute illnesses and injuries. This special one-hour offering will be available Monday-Friday from 8-9 a.m. Parents and guardians can schedule an appointment for their children online the night prior beginning at 7 p.m. on the home page of [BCHealth.org](http://BCHealth.org).

## Ease of Access at Medical Associates

- New faces to help staff phone lines at the busiest times for calls and an additional nurse to help reduce wait times.
- A new text message appointment reminder system to help you plan for (and not forget) appointments.
- Currently researching and planning for online appointment scheduling in the near future.

Currently accepting new patients, Medical Associates is honored to care for you and your loved ones and looks forward to doing so for the next 60 years. To become a patient of Medical Associates, please call (319) 334-2541 during the regular office hours of Monday-Friday from 8 a.m.-5 p.m.



One of the former waiting rooms of Medical Associates, now home to Cedar Valley Hospice.

Dr. Richard Myers, Dr. Duane Jasper, and Dr. John Mochal at the former Medical Associates office in the 1980s.



The current Medical Associates waiting room, located on the 2nd floor of the BCHC medical office building.

Back Row: L-R: William Schmitt, DO, Kurt House, DO, Duane Jasper, MD, David Fahey, DO;  
Front Row: L-R: Sarah DeVore, ARNP, Rick McCormick, DO, Bridget Baker, ARNP

Photo Credit: Wilson Art Thru Photography

### What our patients are saying:

*"I really appreciated that I can have an appointment with a specialist if I need one, so I don't need to go out of town. I will highly recommend you to everyone!!!"*



## The BCHC Auxiliary: Supporting Our Community's Health

Buchanan County Health Center is proud to recognize the BCHC Auxiliary for over ninety-five years of service. Founded in 1922, the Auxiliary has been a staple of the organization through its transformations over the years. With nearly 200 members, the Auxiliary supports BCHC and future healthcare professionals in many ways, including but not limited to:

- Operating the Auxiliary Gift Shop

The Auxiliary Gift Shop is operated 100% by Auxiliary volunteers. The Gift Shop, located in the BCHC medical office building, raises more than \$10,000 annually to go toward hospital improvement projects and scholarships.

- Providing Scholarships to Students Pursuing Healthcare Careers

The Auxiliary annually grants six \$1,000 scholarships to high school seniors through their local scholarship organizations, and to current college students and nontraditional students who either live or work in Buchanan County. Scholarship applications for current college students and nontraditional students are now available at [BCHealth.org/scholarships](http://BCHealth.org/scholarships).

- Sponsoring Fundraising Projects to Benefit the Hospital

In 2018, the Auxiliary donated \$11,000 to go toward hospital improvement projects, including the purchase of radiology equipment and supplies, a non-slip floor for the Wellness Center, pediatric supplies for the Emergency Department, nonviolent crisis teaching tools, and an ALS full body trainer.

- Assisting Lexington Estate Residents in Various Activities

- Sponsoring Employee Appreciation Events



Auxiliary volunteer Barb Butera at the Gift Shop.



Auxiliary volunteers Cindy Walton & Carol Fisher assisting with an employee bake sale fundraiser.

The Auxiliary is a non-exclusive organization that accepts new members of all ages and interests. Annual membership dues are \$15. To become a member, or to learn more about the BCHC Auxiliary, please call (319) 332-0905.

What our patients are saying:

*"My provider was outstanding! Easy to talk to, showed true concern, cared about my issues, and answered all of my questions in simple terms. Phenomenal!"*





# BCHC Welcomes New Providers & Increases Local Access to Quality Care

Over the past year, BCHC has grown in several ways to care for you and your loved ones. We strive to continue to increase local access to the best possible care for the residents of Buchanan County and the surrounding areas. We are pleased to welcome the following providers who have joined BCHC in its mission to provide quality care close to home over the past year:

### Cardiology



**Ankur Vyas, MD**  
UnityPoint Health,  
Cedar Rapids

### Orthopedics



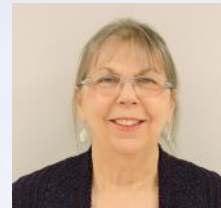
**Mary Nading, PA-C**  
Cedar Valley Medical  
Specialists

### Palliative Care & Memory Clinic



**Joni Henderson, ARNP**  
Buchanan County  
Health Center

### Mental Health



**Patricia Miskimen, LISW**  
Abbe Center for  
Community Mental Health

### ENT/Facial Plastics & Allergy



**Tricia Thompson, ARNP**  
Cedar Valley Medical  
Specialists

### Gastroenterology



**Arun Muthusamy, MD**  
Cedar Valley Medical  
Specialists

### Gastroenterology



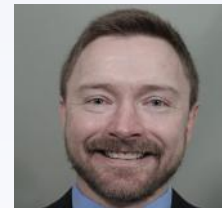
**Kelli DeSerano, ARNP**  
Cedar Valley Medical  
Specialists

### General Surgery



**Melissa Garrett, MD**  
Cedar Valley Medical  
Specialists

### General Surgery



**Jason Kasenberg, DO**  
Cedar Valley Medical  
Specialists

### Pain Management



**Julie Saddler, MD**  
Linn County Anesthesiologists,  
P.C./LCA Pain Clinic

### Pain Management



**Scott Chastek,  
ARNP, CRNA**  
Iowa Anesthesia, LC

### Primary Care



**William Schmitt, DO**  
Buchanan County  
Health Center

*Primary Care, Urgent Care,  
ED, GI Screenings*

### Primary Care



**David Fahey, DO**  
Buchanan County  
Health Center

*Primary Care, Urgent Care,  
ED, Wound Care*

What our patients are saying:

*“Everything went very well. The hospital staff made me feel very comfortable and explained the procedures very well. I would definitely recommend BCHC to everyone. Very proud to have BCHC in our area.”*



**Buchanan County Health Center Specialty Clinic**

Phone: 319-332-0950

Specialty	Provider	Affiliate	Schedule	To Schedule
<b>Allergy</b>	Dr. David Congdon	Cedar Valley Medical Specialists	2nd Tuesday & 3rd Friday	866-896-7619
	Tricia Thompson, ARNP	Cedar Valley Medical Specialists	3rd or 4th Monday	866-896-7619
<b>Audiology</b>	Dr. Seema Arab	New Sound Hearing Center	Every Tuesday	319-234-4360
<b>Cardiology</b>	Abbie Schaa, ARNP	Cedar Valley Medical Specialists	Every Tuesday	877-514-3278
	Dr. Keith Kopec	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Boothapuri Venkatesh	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Matthew McMahon	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Laila Payvandi	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Georges Hajj	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Ojas Bansal	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Ankur Vyas	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
<b>ENT/Facial Plastics</b>	Dr. David Congdon	Cedar Valley Medical Specialists	2nd Tuesday & 3rd Friday	866-896-7619
	Tricia Thompson, ARNP	Cedar Valley Medical Specialists	3rd or 4th Monday	866-896-7619
	Dr. Kevin Carpenter	Physician's Clinic of Iowa	2nd Wednesday	319-399-2022
<b>Mental Health</b>	Patricia Miskimen, LISW	Abbe Mental Health	Every Tuesday	319-334-4010
<b>GI Services</b>	Dr. Arun K. Muthusamy	Cedar Valley Medical Specialists	1st & 3rd Wednesday	877-858-4741
	Kelli DeSerano, ARNP	Cedar Valley Medical Specialists	1st & 3rd Wednesday	877-858-4741
<b>Nephrology</b>	Dr. Vinay Kantamneni	Cedar Valley Medical Specialists	2nd & 4th Monday	319-332-0950
<b>OB/GYN</b>	Dr. Gwen Fang	UnityPoint Clinic	2nd & 4th Wednesday	319-266-5491
<b>Oncology</b>	Dr. Jasmine Nabi	Mercy Medical Center	1st & 3rd Tuesday	319-332-0950
<b>Orthopedics</b>	Dr. Benjamin Torrez	Cedar Valley Medical Specialists	1st, 3rd, & 4th Wed.	888-251-9670
	Mary Nading, PA-C	Cedar Valley Medical Specialists	Every Wednesday & Friday	888-251-9670
	Dr. David Hart	Physician's Clinic of Iowa	2nd Monday	319-332-0950
	Dr. Sandeep Munjal	Physician's Clinic of Iowa	4th Friday	319-332-0950
<b>Pain Clinic</b>	Dr. Julie Saddler	Linn County Anesthesia	1st & 3rd Thursday	319-743-7301
	Scott Chastek, ARNP, CRNA	Iowa Anesthesia	2nd & 4th Tuesday	319-332-0970
	Mark Odden, ARNP, CRNA	Iowa Anesthesia	2nd & 4th Tuesday	319-332-0970
<b>Palliative &amp; Memory Clinic</b>	Joni Henderson, ARNP	Buchanan Co. Health Center	Every Monday	319-332-0950
<b>Phy. Med. &amp; Rehab</b>	Dr. F. F. Manshadi	UnityPoint Clinic	1st & 3rd Monday	319-234-0109
<b>Podiatry</b>	Dr. Charles Cibula	Cedar Valley Podiatry	Every Thursday	800-362-4180
	Dr. David Hemmes	Foot and Ankle Specialists	1st, 2nd, & 3rd Friday	319-332-0950
<b>Pulmonology</b>	Dr. Muhammad Anwer	UnityPoint Clinic	Every 6th Tuesday	319-363-3565
	Dr. Hamad Azam	UnityPoint Clinic	Every 6th Tuesday	319-363-3565
<b>Rheumatology</b>	Dr. George Issac	Dubuque Rheumatology	1st & 3rd Tuesday	563-583-4848
<b>Skin Cancer</b>	Dr. David Congdon	Cedar Valley Medical Specialists	2nd Tuesday & 3rd Friday	866-896-7619
	Mary "Meg" Heatley, PA-C	Cedar Valley Medical Specialists	Every Thursday & Friday	866-896-7619
<b>General Surgery</b>	Dr. Brian Gerrelts	Cedar Valley Medical Specialists	Every Monday & Thursday	800-775-3691
	Dr. Melissa Garrett	Cedar Valley Medical Specialists	Every Other Tuesday	800-775-3691
	Dr. Jason Kasenberg	Cedar Valley Medical Specialists	Every Other Tuesday	800-775-3691
<b>Urology</b>	Dr. Jon Rippentrop	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
	Dr. Tom Richardson	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
	Dr. Steven Mindrup	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
<b>Women's Health</b>	Jenna Berendzen, ARNP	Allen Women's Health	1st & 3rd Wednesday	319-334-7005
<b>Wound Center</b>	Dr. David Fahey	Buchanan Co. Health Center	Every Tuesday AM	319-332-0937
	Bethany Stevens, ARNP	Buchanan Co. Health Center	Every Mon, Wed, Thurs	319-332-0937
	Michelle Wenzel, ARNP	Buchanan Co. Health Center	Every Friday	319-332-0937

**Local surgical services are offered by:**

Dr. Charles Cibula - Podiatry  
 Dr. David Hemmes - Podiatry  
 Dr. Benjamin Torrez - Orthopedics  
 Dr. Kevin Carpenter - ENT/Facial Plastic Surgery  
 Dr. David Congdon - ENT/Facial Plastic Surgery  
 Dr. Julie Saddler - Pain Clinic

Mark Odden, ARNP, CRNA - Pain Clinic  
 Scott Chastek, ARNP, CRNA - Pain Clinic  
 Dr. Daniel Miller - Ophthalmology  
 Dr. Brian Gerrelts - General Surgery/GI  
 Dr. Jason Kasenberg - General Surgery/GI  
 Dr. Melissa Garrett - General Surgery/GI

Dr. Arun K. Muthusamy - GI  
 Dr. William Schmitt - GI  
 Dr. Tom Richardson - Urology  
 Dr. Steven Mindrup - Urology  
 Dr. Jon Rippentrop - Urology

