

March 2020

Lexington Estate

at Buchanan County Health Center

1600 1st St. East • Independence, Iowa • (319) 332-0915 • bchealth.org

Celebrating March

Daylight Saving Time Begins

March 8

Fontana Program

March 5

Family Fish Fry

March 13

St. Patrick's Day

March 17

Take Out– Pie Social & Card Bingo!

March 24

Out and About

March 9 Wal-Mart

March 16th Drive in the Country

March 23rd Movie at the Starlight

Join us for a Family Fish Fry Friday, March 13th

5:00 p.m.

Menu

Oven Fried Fish

Potato Salad

Coleslaw

Roll with Butter

Lemonade Party Cake



Did you “catch” your invitation in the mail?

RSVP- by March 9th Dianne Hepke

@

319-332-0914

Taste of Home



Lunch Ladies Rice Krispies Cookies

Ingredients:

- 1 1/2 cups all-purpose flour
 - 1/2 teaspoon baking soda
 - 1/4 teaspoon salt
 - 1/2 cup margarine or butter, softened
 - 1 cup sugar
 - 1 egg
 - 1 teaspoon vanilla
- 2 cups [Kellogg's® Rice Krispies® cereal](#)
 1 package (6 oz., 1 cup) semi-sweet chocolate morsels

Instructions:

1. Stir together flour, baking soda and salt. Set aside.
2. In large electric mixer bowl, beat together margarine and sugar until light and fluffy. Add egg and vanilla. Beat well. Add flour mixture, mixing until combined. Stir in KELLOGG'S RICE KRISPIES cereal and chocolate chips. Drop by level tablespoon onto baking sheets coated with cooking spray.
3. Bake at 350° F about 12 minutes or until lightly browned. Remove immediately from baking sheets and

March Birthdays

Theodore Geisel (Dr. Seuss) – March 2, 1904

Knute Rockne (coach) – March 4, 1888

Sam Donaldson (journalist) – March 11, 1934

Billy Crystal (comedian) – March 14, 1948

Vanessa Williams (actress) – March 18, 1963

Spike Lee (director) – March 20, 1957

Joan Crawford (actress) – March 23, 1905

Aretha Franklin (singer) – March 25, 1942



The Catholic Daughters will host our St. Patrick's party on March 17th!

Bald Eagles

The bald eagle, with its snowy-feathered (not bald) head and white tail, is the proud national bird symbol of the United States—yet the bird was nearly wiped out there. For many decades, bald eagles were hunted for sport and for the "protection" of fishing grounds. Pesticides like DDT also wreaked havoc on eagles and other birds. These chemicals collect in fish, which make up most of the eagle's diet. They weaken the bird's eggshells and severely limited their ability to reproduce. Since DDT use was heavily restricted in 1972, eagle numbers have rebounded significantly and have been aided by reintroduction programs. The result is a wildlife success story—the U.S. Fish and Wildlife Service has upgraded the birds from endangered to least concern.



Join us for a program with Mike from Fontana on March 5th @ 2:00pm

Take Out-Pie Social- Card Bingo



We will have take out for lunch from 1st Street Deli with the folks at Oak View, followed by a pie social and Card Bingo! at 1:30pm on Tuesday, March 24th.



Welcome to the Neighborhood



Donald Johnson

Tootsie Swartz

In Loving Memory



Betty Gaffney

April 15, 1924-February 12, 2020

Carol Fisher

June 26, 1937-February 15, 2020

Richard Rau

December 14, 1934- February 23, 2020

New Insurance Cards!



If you receive a new insurance card in the mail please bring a copy to the nurses desk.

If you are billed for services and you think this is in error please contact the provider who billed you and make sure they have the most current insurance card information as well.

ST. PATRICK'S DAY

Tuesday , MARCH 17TH WEAR GREEN

St. Patrick's Day was first celebrated in America in 1737, organized by the charitable Irish Society of Boston, including a feast and religious service.

This holiday is celebrated every year on March 17th, honoring the Irish patron saint, St. Patrick. People all over the world celebrate St. Patrick's Day, especially those in large Irish communities. Cities that hold large parades are: Boston, New York, Philadelphia, New Orleans, Savannah, and other cities worldwide.

There are many legends associated with St. Patrick. The symbol of the shamrock used for St. Patrick's Day comes from the story of St. Patrick using the shamrock to illustrate the Holy Trinity.

Early celebrations continued after the charitable Irish Society of Boston. In New York, the first celebration took place as a small gathering at the house of an Irish protestant. St. Patrick's Day parades started in New York in 1762 by a small group of Irish soldiers in the Boston military.

Parades and wearing green have always been a traditional part of St. Patrick's Day Celebrations. Chicago dyes its river green for the festivities. The White House fountain is also dyed green.

Have a HAPPY St. Patrick's Day!





Join us for a
ST. PATRICK'S DAY
Bake Sale Fundraiser!
17th OF MARCH
11am-1pm ~ People's Cafe

Please bring items to cafeteria on the morning of the 17th. All proceeds to benefit Relay for Life & Walk to End Alzheimer's



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Church Local radio 95.3 Pastor Paul	9:30 Sing & Swing Bag Toss 1:30 March Madness Free Throw Game	9:30 Sing & Swing 10:00 Cards & Coffee 11:00 Reader's Escape 1:30 Crafting Painted Shamrock Cutouts	9:30 Mass Father Dave 10:15 Sing & Swing 11:30 What's in the News 1:30 Bingo- St. John's 3:00 Happy Hour	8:30 Manicures 10:30 Protestant Church- Kevin Jennings 1:30 Fontana Program "Bald Eagles"	9:30 Sing & Swing 10:30 Little Friends 12:30 Music with Linda Jacobsen 1:30 Five Alive Dice Game	7
11:00 Church Local radio 95.3 Pastor Paul	9:30 Sing & Swing 1:00 Wal-Mart Shopping Purim Begins	9:30 Sing & Swing 10:00 Cards & Coffee 11:00 Reader's Escape 1:30 Music with Nancy Hooten	9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo VFW 3:00 Happy Hour 3:45 Sing-a-Long	8:30 Manicures 10:30 Protestant Church- John Sheda 11:00 Communion with Mary Kay 1:30 Music with Clay Willie	Casual for a Cause 9:30 Sing & Swing 10:00 Cards & Coffee 10:30 Catholic room visits 1:30 Dominos 5:00 Family Fish Fry	14
Daylight Saving Time Begins 11:00 Church on Local radio 95.3 Pastor Paul	15 9:30 Sing & Swing Bag Toss 1:30 Drive in the Country	9:30 Sing & Swing 10:00 Cards & Coffee 11:00 Reader's Escape 1:30 St. Patrick's Party Catholic Daughters St. Patrick's Day	9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour	8:30 Manicures 10:30 Protestant Church-Barb Meister 11:30 Staff & Resident Potluck 1:30 Alphabet Name It Game 6:30 Andersen's Spring Begins	9:30 Catholic Service-Sharon 2nd Grade Singers 10:00 Coffee & Cookies 1:30 Giant Crossword	20 21 4:00 Music with Dave Wirtz
11:00 Church on Local radio 95.3 Pastor Paul	23 9:30 Sing & Swing Bag Toss 1:00 Movie @ The Starlight	9:30 Sing & Swing 10:00 Resident Council 11:00 Reader's Escape 12:00 Take Our Tuesday 1:30 Pic Social & Card Bingo at Oak View	9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo St. Pats 3:00 Happy Hour 3:45 Sing a Long	8:30 Manicures 10:30 Protestant Church-Gary Wilson 1:30 Taste of Home 1:30 Pet Visits	9:30 Sing & Swing 10:00 Cards & Coffee 10:30 Catholic Room Visits 1:30 Music with Dave Poggenklass	27 28
11:00 Church on Local radio 95.3 Pastor Paul	29 9:30 Sing & Swing Bag Toss 1:30 Crafting Quilt Blocks Celebrate Doctor Day	9:30 Sing & Swing 10:00 Cards & Coffee 11:00 Reader's Escape 1:30 Movie & Popcorn	Hospital skilled patients are always welcome to come to Lexington for Meals or Activities! *Denotes Birthday	March 2020 Lexington Estate		

Activities subject to change * Dianne Hepke 319.332.0914 563.920.2635 or dhepke@bchealth.org



Thanks for the Valentines!



Thanks for the Valentines!



True Love!!!

Mother /Daughter Taste of Home...Cherry Pie Bars



Mother/Daughter

