

December 2020

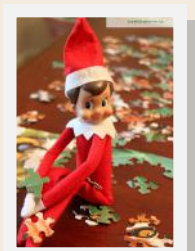
Lexington Estate

at Buchanan County Health Center

1600 1st St. East • Independence, Iowa • (319) 332-0915 • bchealth.org

Celebrating December

Elf on a Shelf Begins—December 1st



Elf a Resident Begins—December 1st



Grinch Week—December 7th-11th



Christmas Day—Gifts around the Tree

December 25

**Lexington Estate
Cordially invites Families to
“Christmas @ Santa’s
Workshop”**

Sweets & Treats to Go!

**Make an appointment online to
visit your loved one in our visitor
booth. December 1st-31st.**



**If you bring a wrapped present for
your family member to open on
Christmas our elves will deliver on
Christmas morning!**

*Remember to have the residents’
full name attached to the gift.*

****Contact Dianne or Dodie at
319-332-0914 with any questions!**



Helen Blasi's Soft Chocolate Chip
Cookies Recipe

1½ c. Brown sugar	2 t. salt
1½ c. White sugar	2 t. vanilla
1½ c. Margarine	5 c. flour (may need a bit more)?
4 eggs	1 (12 oz.) pkg. choc. chips
2 t. baking soda	chopped nuts (optional)
(dissolved in 1 T. hot water)	

dissolving the soda is the key to a good cookie!

Cream the sugars, margarine, + eggs.
Add dry ingredients (flour + salt). Mix well.
Add vanilla + dissolved soda — stir in chips + nuts? Drop by teaspoon onto ungreased

cookie sheet. Bake @ 350° for
8-12 min. Makes about 5-6 doz.,
depending on size.

Yummy!!

In Loving Memory

Helen Blad

January 3, 1926– November 15, 2020

Merlin Hermsen

January 3, 1925– November 21, 2020



December Birthdays

Bette Midler (singer) – December 1, 1945
George Custer (general) – December 5, 1839
Eli Wallach (actor) – December 7, 1915
Rita Moreno (actress) – December 11, 1931
J. Paul Getty (industrialist) – December 15, 1892
Ty Cobb (ballplayer) – December 18, 1886
Ray Romano (comic) – December 21, 1957
Howard Hughes (aviator) – December 24, 1905
Maggie Smith (actress) – December 28, 1934
Bo Diddley (musician) – December 30, 1928

Our Own Celebrities!

Norma Daubenberger Dec. 29
Donna Manson Dec. 29
Janice Arnold– Dec. 29



Covid, Cold & the Flu SEASON

The Covid 19, Cold & Flu Season is upon us. We would like to stress that if you're not feeling well or have been exposed to Covid 19, Influenza, etc., please DO NOT come to visit your family member in the visitor's booth until you are healthy.

When visiting, please follow the screen in process, wear your mask, use the hand sanitizer upon arrival and before you leave.

This protects YOU and YOUR loved one. Thank you for all you do to keep everyone safe.

******Mask wearing, social distancing and proper hand washing is the best defense against infections.***

Dress smart for cold weather

Please take an inventory of your closets for upcoming winter weather gear. Even if you don't plan to go out, there may be times when a Dr.'s appointment or other outing is necessary.

A warm winter coat is a must!

We are hopeful that we can continue to take an occasional bus ride in the winter months but will limit how far we travel as well as cancel if temperatures are below zero or weather forecasts indicate winter storms. Of course all of this also depends on the Covid 19 status in our community and our restrictions to keep everyone safe.



Help us fill a Stocking for a Resident

If you would like to provide stocking stuffer items: shower gel, lotion, candy, Kleenex, “the good stuff” etc. these items will be in addition to “Santa’s Secret Gift” for Lexington residents

We have 33 residents stockings to fill.

Santa’s elves will deliver filled stockings on Christmas Eve.

Please drop off items to the front registration desk by December 16th.

The Gift of Giving: Resident Angel Tree

Lexington Estate has a gift giving tree with name tags for all Lexington residents in the facility. The names on the tree are chosen by staff. The tree is located at the Lexington nurses’ station. There is a clipboard by the tree for you to sign your name, beside the resident’s name(s) that you choose. It is VERY important that you fill this information out so we can be certain that every resident has a gift.

******An email will be sent out hospital wide if there are names available after our Lexington staff have an opportunity to choose.**

Return gifts to Activities by **December 18th**. The gifts will then be given to the residents, by staff, around the tree after breakfast Christmas morning .

The 12 Days of Christmas... Lexington Estate Style!

On first day of Christmas...my true love sent to me:

A Partridge in a Pear Tree

Two Turtle Doves

Three French Hens

Four Calling Birds

Five Golden Rings

Six Geese a Laying

Seven Swans a Swimming

Eight Maids a Milking

Nine Ladies Dancing

Ten Lords a Leaping

Eleven Pipers Piping

Twelve Drummers Drumming



Watch for a special surprise gift delivered to you EACH day. Day 1st- December 14th

Honoring
Veteran's



You've Got Mail!
Thanks IPL & American
Legion Auxiliary
for organizing cards
from kids!



Flowers for our
Thanksgiving Tables...
Thank You Trendy Tulip!



BCHC Holiday Donations

The BCHC elves are busy planning for the Christmas holiday!

Things may look a little different this year, but BCHC plans to continue to show our support to local agencies helping others this holiday season. We will continue to participate in the local adopt-a-family program, and **donate to Buchanan County Operation Threshold, Buchanan County Salvation Army, and the Independence Area Food Pantry.**

Instead of buying presents for adopt-a-family, bringing in food donations, or volunteering on behalf of BCHC to ring the bell, **we are asking employees to consider gifting a monetary donation that we will split among the groups.** We will purchase and deliver items for the adopt-a-family like usual from these monetary donations, but we will not be soliciting items from you to purchase as we have done in the past. **We will have a special casual day on Friday, November 20th to raise money for these agencies. You may also turn in your monetary donation to Crystal Etringer in the admin. office**

**Over \$1200.00 was donated by
BCHC associates to support these
local charities!
Thank you to everyone for
your generosity!**



Sign your loved one up to be 'elfed'!

We are planning to have an 'elfing' good Christmas at Lexington Estate in spite of COVID-19 restrictions....

The 'elfing' package includes a visit from our 'elf mobile' and a virtual performance with East Buchanan Music teacher, Jim Brown, our 'singing elf'.



The package includes a personalized Christmas card, a wrapped gift of hot cocoa, elf kisses, and a candy cane.

To place your 'elfing' order for delivery, please email activities at dhepke@bchealth.org or call 319-332-0914 December 1st through December 23rd.

This activity is free of charge!

December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Santa's Workshop Visitor Booth Hours Monday-9am-12:45 Tuesday 1:30pm-6pm Friday 11am-3:00	1 9:30 Sing & Swing 10:00 Cookies & Coffee Decorate for Christmas "Elf" a resident starts Dec. 1	2 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour	3 9:00 Manicures 10:30 Reader's Circle 1:30 Church	4 9:30 Sing & Swing 10:00-11:30 1:1's 2:00 Pen Pal Letters to Little Friends	5 Visits in Santa's Workshop 10am-4pm	
6 Grinch Week 	7 9:30 Sing & Swing 2:00 Pen Pal Letters to Little Friends 1:30 Grinch Bag Toss	8 9:30 Sing & Swing 10:00 Cookies & Coffee 1:30 Grinch Ring Toss 3:00 Happy Hour	9 9:30 Sing & Swing 11:30 What's in the News 1:30 Cindy Lou Who Bingo 3:00 Happy Hour	10 9:00 Manicures 10:30 Reader's Circle 1:30 Church	11 9:30 Sing & Swing 10:00-11:30 1:1's 1:30 Movie & Popcorn "How the Grinch Stole Christmas"	12 Visits in Santa's Workshop 10am-4pm
13	14 9:30 Sing & Swing 10:00 Christmas Trivia 1:30 Virtual Holiday Concert 12 Days of Christmas Surprises	15 9:30 Sing & Swing 10:00 Cookies & Coffee 11:30 Take Out 1:30 Christmas Tree Craft 12 Days of Christmas P. J. Day -Buffalo Plaid!!	16 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour 12 Days of Christmas Surprises	17 9:00 Manicures 10:30 Reader's Circle 1:30 Church 12 Days of Christmas Surprises	18 9:30 Sing & Swing 10:00-11:30 1:1's 2:00 5 Gold Rings "Donuts" 12 Days of Christmas Surprises	19 Visits in Santa's Workshop 10am-4pm 12 Days of Christmas Surprises
20	21 9:30 Sing & Swing 2:00 D. Q. Blizzards Snowball Games 12 Days of Christmas Surprises	22 9:30 Sing & Swing 10:00 Christmas with Dean 1:30 Santa Cookie Toss 12 Days of Christmas Surprises	23 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour 12 Days of Christmas Surprises	24 10:30 Decorating Cookies for Santa Individual Cookie Kits 12 Days of Christmas Christmas Eve	25 Christmas Day Celebrating Christmas Around the Tree 12 Days of Christmas Surprises	26 Visits in Santa's Workshop 10am-4pm
27	28 9:30 Sing & Swing 1:30 Hi Lo Card Game 	29 9:30 Sing & Swing 10:00 Cookies & Coffee 10:00 Resident Council 2:00 Birthday Cake & Ice Cream Donna, Norma, Janice	30 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour New Year's Eve	31 9:00 Manicures 10:30 Reader's Circle 1:30 Church	Calendar is subject to change Indoor Visits must schedule online appointment Staff may dress in holiday attire all month long!	

November 2020

S	M	T	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

January 2021

S	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						