



Lexington Estate

at Buchanan County Health Center

1600 1st St. East • Independence, Iowa • (319) 332-0915 • bchealth.org

Say Something Nice Day

June 1

World Blood Donor Day

Flag Day

Red, White, & Blue Craft & Snacks

June 14

Just The Guys Grill Out!

June 19

Father's Day

June 20th

Out and About

Bus Trips

June 1– Grimm's Peony Farm & Ice Cream!

June 10th– Fontana Program @ Fontana

June 15th– Wal-Mart Shopping

June 29th– Presentation @ Cedar Rock

Just the Guy's Grill Out!



We Honor You! June 19, 2021

Menu

Choice Of Meat

Baked Beans

Potato Salad

Dessert

Beer & Root beer

Slow-Cooker Tapioca Pudding

Ingredients:

- 4 cups milk
- 1/2 cup white sugar
- 1/2 cup small tapioca pearls
- 1 egg, lightly beaten
- 1 teaspoon vanilla
- 1/8 teaspoon salt



Directions

1. Combine all ingredients in the bowl of a slow cooker.
2. Cover and cook on low for 4 hours, stirring every 30 minutes.
3. Serve warm or cold.

Makes 4 servings

June Birthdays

Jerry Mathers (actor) – June 2, 1948
Frank Lloyd Wright (architect) – June 8, 1867
Judy Garland (actress) – June 10, 1922
Jim Nabors (actor) – June 12, 1930
Alois Alzheimer (doctor) – June 14, 1864
Moe Howard (comedian) – June 19, 1897
Meryl Streep (actress) – June 22, 1949
Pearl S. Buck (novelist) – June 26, 1892
Mel Brooks (actor) – June 28, 1926
Lena Horne (singer) – June 30, 1917

Happy Birthday!

Sherry Jacob's June 28th



In Loving Memory



Joy Saunders

*August 16, 1934– May 3,
2021*

Welcome to the Neighborhood



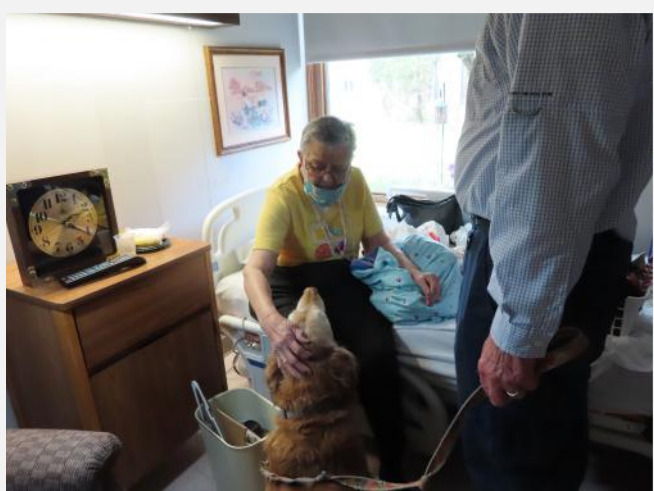
Eunice Hamilton

A Tribute to Dodie! Thanks for all the Memories!

Pets are Back at Lexington!



Dr. Doug Peterschmidt and Tori came for a visit. Bud Hawker and Mary Jean Ehr were more than happy to interrupt an afternoon nap to chat with Dr. Doug and reminisce about pets they had as children. Residents and Tori enjoyed the attention!
Dr. Doug will come twice a month for pet visits.
We look forward to seeing our furry friends.



O Say Can You See Flag Day Activity



June 14 is Flag Day in the United States, a day commemorating the adoption of the American flag by the Second Continental Congress in 1777. Known as "Old Glory," "Stars and Stripes," and the "Star-Spangled Banner," the flag has 13 equal horizontal stripes, alternating red and white, symbolizing the original thirteen colonies. The *canton*, the rectangle in the upper left-hand corner, is blue with 50 white stars, representing the 50 states. Throughout America's history, there have been 39 different flag designs, with the stars of the canton changing each time a state was added to the Union. Canton designs, before the 48-star flag, had no official arrangement of the stars. Sometimes they were in a circular pattern and other times in the pattern of a star. Since 1777, one thing hasn't changed: the American flag has always stood for freedom.

Join us for a short flag day program and a **Red White & Blue** craft. **We will have snacks celebrate!**


History or Penny Candy

Tuesday June 8th 1:30pm

Get in touch with the kid inside by reminiscing about penny candy and going to the candy store. We will be walking through the history and decades of popular confections. Stimulating our senses helps spark memories and conversation. We will sample the sweet treats too! Let activities know your favorite candy !



JUNE 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Sing & Swing 10:00 Cookies 1:30 Bus Ride Grimm's Peony Farm & Ice Cream Lamont	2 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour	3 9:00 Manicures 10:30 Reader's Circle 2:00 Pet Visits with Doug & Tori	4 9:30 Sing & Swing 10:00 Catholic Communion 10:30 Church 1:30 Patio Time	5
6 11:00 Church Local Radio Channel 95.3 1:30 Movie & Popcorn Celebrating Drive In Movie Day	7 9:30 Sing & Swing 10:00 Beverage Cart 1:30 Bird Nest or Butterfly Terrariums Craft	8 9:30 Sing & Swing 10:00 Cookies 11:30 Take Out 1:30 Reminisce History of Penny Candy Program-Samples!	9 9:30 Mass Father Dave 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour	10 9:00 Manicures 10:30 Reader's Circle 1:00 Fontana Outing	11 9:30 Sing & Swing 10:00 Church with John Sheda "Live" 1:30 Masters of Disguise Game	12
13 11:00 Church Local Radio Channel 95.3	14 9:30 Sing & Swing 10:00 Beverage Cart 1:30 Patriotic Craft Red-White-Blue Snacks Flag Day	15 9:30 Sing & Swing 10:00 Taste of Home Tapioca Pudding 1:30 Wal-Mart Shop	16 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour	17 9:00 Manicures 10:30 Church Sue Ann 1:30 David Poggenklass Music	18 9:30 Sing & Swing 10:00 Catholic Communion 10:30 Reader's Circle 1:30 Movie & Popcorn	19 Just the Guys Grill Out! 1:30 Music With Dave Wirtz
20 11:00 Church Local Radio Channel 95.3 Father's Day	21 9:30 Sing & Swing 10:00 Beverage Cart 1:30 Waffle Cake Sundaes Homemade Ice Cream	22 9:30 Sing & Swing 10:00 Cookies 11:30 Take Out 1:00 Resident Council 1:30 Patio Ladder Golf	23 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour Pink Flamingo Day <i>acknew to Sunset</i>	24 9:00 Manicures 10:30 Reader's Circle 1:15 Bus Ride Presentation at Cedar Rock	25 9:30 Sing & Swing 10:00 Catholic Communion 10:00 Church with John Sheda "Live" 1:30 DJ Clay Willie Classic Music	26
27 11:00 Church Local Radio Channel 95.3	28 9:30 Sing & Swing 10:00 Beverage Cart 2:00 Birthday Party *Happy Birthday Sherry	29 9:30 Sing & Swing 10:00 Cookies 1:30 Patio Time	30 9:30 Sing & Swing 11:30 What's in the News 1:30 Bingo 3:00 Happy Hour Lottery			
	Activities Subject to Change					
		Contact Dianne: 319-332-0914				

A Tribute to Dodie! Thanks for all the Memories!



Enjoy Your Retirement!

VISITATION GUIDANCE

Visitors are prohibited from entering the facility without a face mask or cloth face covering. This includes when being screened.

- * Face masks are available at the screening desk if you do not have one.

Visitors are prohibited from entering the main part of the facility, unless instructed to do so by a staff member.

Visitor Room/Visitor Booth

1. If all Visitors are Fully Vaccinated and the Resident is fully vaccinated.

- * Social distancing is not required
- * Masking is not required
- * Visitors must mask and social distance from other residents and staff.
- * Food and Drink may be consumed.

2. If any visitor is not fully vaccinated, but the resident is fully vaccinated.

- * Social distancing is not required.
- * Face masks for both the resident and visitor.
- * No food or drink.

3. If the resident is not fully vaccinated.

- * Social distancing is required
- * Masking is required.
- * No more than 2 visitors.
- * No food or drink

These requirements are in accordance with our regulatory agencies, the Centers for Medicare and Medicaid Services, and the IA Department of Inspections and Appeals, in addition to the IA Department of Public Health.

Outdoor Visits

1. If all Visitors are Fully Vaccinated and the Resident is fully vaccinated.
 - * Social distancing is not required
 - * Masking is not required
 - * Visitors must mask and social distance from other residents and staff.
 - * Food and Drink may be consumed.

3. If any visitor is not fully vaccinated, but the resident is fully vaccinated.
 - * Social distancing is not required.
 - * Face masks for both the resident and visitor.
 - * No food or drink.

4. If the resident is not fully vaccinated.
 - * Social distancing is required
 - * Masking is required.
 - * No food or drink

In-Room Visits...NOT IN EFFECT.

***When guidance changes a message will be sent
to all residents and resident representatives**

These requirements are in accordance with our regulatory agencies, the Centers for Medicare and Medicaid Services, and the IA Department of Inspections and Appeals, in addition to the IA Department of Public Health.