



Buchanan County Health Center

BCHC EXPANDS
WITH PRIMARY
CARE FACILITIES
& PHARMACY
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Spring 2022



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Wade Weis to lead BCHC as Chief Executive Officer

BCHC is pleased to welcome Wade Weis to the position of Chief Executive Officer!

Wade comes to BCHC with over 20 years of experience in the healthcare industry and the past 13 years in senior leadership positions. Most recently, Wade served as the Interim CEO/CFO at Geary Community Hospital in Junction City, Kansas. Wade has also served in CFO capacities at SSM Health Monroe Clinic in Monroe, Wisconsin; Rapid City Medical Center in Rapid City, South Dakota; and Grande Ronde Hospital in La Grande, Oregon.



“The Board of Trustees is excited to have Wade become a member of the BCHC family and the communities we serve,” commented Board Chairman Rob Robinson. “We feel fortunate to have an individual with Wade’s qualities and qualifications joining our team. Wade is a visible leader

with a proven executive skillset and has a strong passion for rural healthcare and community involvement. He has a diverse background from large and small organizations, and truly appreciates the advantages of working in independent hospital environments similar to Buchanan County Health Center.”

When asked what intrigued him most about BCHC, Wade responded, **“The organization is dynamic and offers many services not seen in many other critical access hospitals. In addition, the culture of the organization is exceptional. I was impressed by the positive comments from the community, as well as everyone in the organization.”** Wade continued, “I am excited and looking forward to getting to know everyone, and working together as we continue to serve our communities.”

Wade and his wife of 30 years, Heidi, have two adult children: Rachel and Kale. In his spare time, Wade enjoys sports of all kinds, especially baseball, traveling, hiking, playing cards, and spending time with friends and family. Wade and Heidi look forward to joining and becoming involved in the Independence community and surrounding areas.

Your feedback matters: We want to hear from you!

At BCHC, your voice matters. When we hear how you feel about an experience, we are able to recognize our team members for the great care they provide while finding opportunities to improve for you and your family. After receiving a service at BCHC, you may get a patient satisfaction survey to fill out. We would be honored to receive your gift of feedback through the completion of your survey.

Our patient experience survey recently changed from Press Ganey to NRC Health, so you may notice a difference in the sender, but your feedback is still delivered to BCHC representatives to review. You may choose to submit the survey anonymously, or you may include your name. **Thank you for choosing BCHC and for taking the time to let us know how we are doing!**

BCHC employees Teri Williams, unit secretary, and Elissa Tudor, RN, thank you for providing feedback to improve our services.



When life gives you lemons, make lemonade: Lexington Estate making the most out of pandemic times

The past two years in healthcare, especially in long-term care settings, have been nothing short of challenging. The constant threat of COVID-19 and the ever-changing regulations, along with activity and visitor constraints, has made it difficult at times, but far from impossible, to bring enjoyment to the lives of Lexington Estate residents. This is thanks to the incredible effort and teamwork of Lexington Estate staff and support departments.

“In the beginning, it was extremely challenging. We worried about our residents, their health, and quality of life. We worried about our own families. We just didn’t know what the future held,” reflected Angel Decker, executive director of senior operations. “The health and well-being of our residents is our main priority. We’ve had to work harder in order to keep them safe and have been much more creative than ever before to continue to provide enjoyment for them throughout the many ups and downs of the past two years.”

Some of those creative activities early on in the pandemic included hallway bingo and crafts, where residents would remain in the doorways of their rooms with a sound system booming down the halls. Family and friends also became more creative through visitor restrictions by window visits, and through the use of technology for video chats. Eventually, regulations lightened, which allowed visitors and residents to be with each other through the use of a visitor booth and outdoor visits. Now, in-room visits are even possible. Local infection rates flexed, which also allowed for the return of communal activities and dining.

“Some of our worst days have turned out to be our best days,” commented Activities Coordinator Molly Roscovius. **“When our residents are still smiling even through the unknowns and constraints of the pandemic, we know we have done our job, and have done it well for the benefit of our residents.”**



Activities staff at Lexington Estate delivering smiles and treats to their residents in a creative and fun way.

Birthday celebrations looked a little different due to visitor restrictions earlier in the pandemic. The visitor booth remains available if unable to visit a loved one inside.

Mable Bantz, Lexington Estate resident, enjoying one of the many fun activities offered.

What our patients are saying:

“ Was very pleased with all interactions of the facility, from check-in to being rolled out to the vehicle. Everything went well & appreciate the care & concern shown. ”



Spring 2022

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BCHC expands coverage with primary care facilities and pharmacy

BCHC has grown rapidly over the past two years despite the challenges of the ongoing pandemic. BCHC has been especially proud of its expansion in primary care options for community members in Buchanan County, Oelwein, and the surrounding areas.

In the fall of 2019, BCHC reached across county lines to open BCHC Family Medicine – Oelwein at 2405 Rock Island Road. Offering primary care services from six experienced providers, lab and radiology services, mental health counseling and psychiatric care, and a multitude of visiting specialties, this clinic has been able to provide its patients with a one-stop shop to care with extended medical services nearby at BCHC in Independence.

While BCHC expanded in the Oelwein area, a brand-new primary care office was being built in Jesup. Opening its doors just two months before the COVID-19 pandemic struck, BCHC Family Medicine – Jesup has been providing primary care services to its patients since January of 2020. BCHC Family Medicine – Jesup sees patients of all ages from its team of three nurse practitioners and two physicians.

Less than one year later, BCHC expanded again by opening its first retail pharmacy, BCHC Oelwein Pharmacy, at its family medicine location in Oelwein. BCHC Oelwein Pharmacy offers medication management and pill packaging, free delivery and mailout to the Oelwein area, curbside pickup, retail options, and cohesive care plans for patients of BCHC Family Medicine – Oelwein. Recently, the BCHC Oelwein Pharmacy also became a location for COVID-19 and other vaccinations, along with COVID-19 testing. BCHC Oelwein Pharmacy is open to all members of the public, regardless of where they receive their primary care.

“It has been exciting to see our footprint expand in the Oelwein and Jesup communities,” commented Amy Van Scoyoc, director of clinical services. “These communities have been a large part of BCHC and its hospital services, and we are proud to offer high-level care even closer to home for these patients and look forward to continuing to grow in these areas.”

To establish care at one of BCHC’s primary care clinics, or with the BCHC Oelwein Pharmacy, please call the associated number below.

BCHC Family Medicine – Oelwein

319-283-2651

BCHC Family Medicine – Jesup

319-827-2242

Medical Associates of BCHC

319-332-0999

BCHC Oelwein Pharmacy

319-283-1664



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BCHC Family Medicine – Oelwein Providers



Sara Berns, PA-C



Lindy Tommasin, ARNP



Trisha Kress, ARNP



Jill Dierks, ARNP



Kyla Frost, ARNP



William Schmitt, DO

BCHC Family Medicine – Jesup Providers



Sarah DeVore, ARNP



Christy Weber, ARNP



Alyssa Woods, ARNP



David Fahey, DO



William Schmitt, DO



BCHC Family Medicine - Oelwein & BCHC Oelwein Pharmacy



BCHC Family Medicine - Jesup

Visiting Specialists at BCHC Family Medicine - Oelwein

- Mental Health Counseling and Psychiatric Medicine
- Orthopedics
- Optometry
- Pain Clinic
- ENT, Allergy, and Skin Cancer
- Palliative Care and Memory Clinic
- General Surgery

What our patients are saying:



The nurses were amazing. They treated me like family and made sure I was very comfortable. They were so friendly and knowledgeable.





Spring 2022

Here For You. Trusted For Life.

Spend your golden years at Oak View: The luxuries of independent living without the work



Oak View offers three spacious apartment floor plans featuring a main living area with natural lighting from a large bay window.

The golden years are meant to be enjoyed, but it can be hard to find full enjoyment when dealing with costly home repairs and maintenance, lawn care, snow removal, and everything else that comes with homeownership. Fortunately, there is a local option for people over the age of 60 who want to enjoy the luxuries of owning their own home without the responsibilities that often go along with it. We're talking about Oak View Independent Living!

Conveniently located on the campus of BCHC, the apartments at Oak View are not only comfortable and cozy; they are also a well-planned investment for one's future with a large percentage of the original purchase price being returned to the homeowner or their heirs at the time of their departure.

In 2018, Oak View revamped its homeownership structure to include a short-term leasing option for those who want to experience the Oak View way of life before committing to purchase an apartment.

The two-story, handicap accessible apartment complex features three different apartment floor plans ranging in two-bedroom with den to a one-bedroom apartment with living space. All apartments feature a kitchenette equipped with all appliances, dining space, a handicap-accessible bathroom, laundry appliances,

and a main living room with a bay window to allow plenty of natural lighting.

In addition to the amenities of the apartments, Oak View features a large gathering space for social activities among homeowners, creating a fun, neighborhood-like environment, and also for families to enjoy celebrations together.

Homeowners can enjoy ease of access to medical care, whether it be a visit with their primary care provider at Medical Associates, imaging and lab work, therapies, or surgical services. Many homeowners also enjoy the luxuries of the Wellness Center and its group fitness classes, including SilverSneakers and water aerobics, and gym equipment, including taking a spin on one of their stationary bikes or walking laps on the indoor track.

Complete with an underground, heated garage, there is no need to shovel snow to get to where you need to go, nor is there a need to mow your lawn during the humid Iowa summer months.

"Out of curiosity, we toured Oak View about four years ago. We found it very enticing, but were not quite ready to make a change yet. The next year, we surprised our children and asked them to make a visit to Oak View with us this time. After our tour, they were all ready for us to make the move," commented Charlie and Nancy Werner, Oak View homeowners. "The homeowner residents here are a great bunch of neighbors. We have never regretted moving here, and our family loves that we made this decision."

To take a personalized tour of Oak View, please call Independent Living Coordinator Dianne Hepke at **319-332-0940** and see why many seniors are enjoying their golden years at Oak View!



Homeowners Charlie and Nancy Werner celebrating the new year with fellow Oak View residents during one of their many community activities.



Spring 2022

Here For You. Trusted For Life.

Join the BCHC family: Now hiring clinical and non-clinical staff

BCHC is growing its team and seeking motivated and dedicated individuals to join! Recognized as a 2021 Employer of Choice by the Waterloo-Cedar Falls Courier, employees acknowledged BCHC for its family-like atmosphere, opportunity to be heard, and support received for enjoying a work/life balance.

"I have been employed by BCHC for eight years, and I am glad that I made the decision to join the organization that I refer to as my second family," commented Administrative Assistant Crystal Etringer. "One of BCHC's top qualities is listening to their employees and making sure that they are heard and allowing them to have work/life balance." With over 350 employees, BCHC values the continued perseverance and pride of its team members, recognizing one person's success as everyone's success.

"Joining the team at BCHC is one of the best decisions I have ever made! BCHC offers many amenities not only to its patients, but also to its employees as well," commented Primary Care Nurse Shelby Shaffer. "BCHC is continually striving to do good for its employees and to make us feel valued."

With many employee resources, including continued education and training, BCHC instills confidence in its employees to be the best version of themselves as not only a healthcare professional, but as a community member.

As full and part-time clinical and non-clinical positions are available, BCHC looks forward to growing its team and having the opportunity to show new team members what it means to be a part of the BCHC family for life. To learn more about all open positions at BCHC, and to apply online, please visit bchealth.org/careers. BCHC is an Equal Opportunity Employer.



NOW HIRING!

BCHC Offers a Comprehensive Benefits Package, Including:

- Health, Vision, & Dental Insurance
- Flexible Spending Plan
- Supplemental Insurance
- Long Term Disability & Life Insurance
- IPERS
- 403(b) Retirement Plan
- Tuition Assistance
- Paid-Time Off & PTO Buy Back
- Shift Differential
- Wellness Center Membership
- Pharmacy
- Extended Sick Leave
- Employee Bonus Incentives

View all open positions and apply online at:

BCHC.org/Careers

SPECIALTY CLINIC SCHEDULE

SPECIALTY	PROVIDER	AFFILIATE	SCHEDULE	TO SCHEDULE
ALLERGY	Dr. David Congdon	Cedar Valley Medical Specialists	2nd Monday & 4th Friday	319-888-8044
AUDIOLOGY	Sieon Kim, AUD	CVMS Audiology	Every Friday	319-888-8044
BREAST CARE	Dr. Jayson Gesme	Cedar Valley Medical Specialists	1st Wednesday	319-833-6100
CARDIOLOGY	Abbie Schaa, ARNP	Cedar Valley Medical Specialists	Every Tuesday	877-514-3278
	Dr. Keith Kopec	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Boothapuri Venkatesh	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Matthew McMahan	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Laila Payvandi	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Ojas Bansal	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Ankur Vyas	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	Dr. Fahed Al Darazi	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
ENT/FACIAL PLASTICS	Dr. David Congdon	Cedar Valley Medical Specialists	2nd Monday & 4th Friday	319-888-8044
	Karen Sadler, ARNP	Cedar Valley Medical Specialists	Rotating Thursdays at BCHC, Every Other Friday at Oelwein	319-888-8044
	Dr. Kevin Carpenter	Physician's Clinic of Iowa	2nd Wednesday	319-399-2022
MENTAL HEALTH	Daniel McElory, LISW	Buchanan County Health Center	M, W, T-F, at BCHC & Tues. at Oelwein	334-2541/283-2651
	Kelly Scheffert, ARNP, PMHNP-BC	Buchanan County Health Center	M-W, at BCHC & Thurs. at Oelwein	334-2541/283-2651
GI SERVICES	Dr. Arun K. Muthusamy	Cedar Valley Medical Specialists	1st & 3rd Wednesday	877-858-4741
	Kelli DeSerano, ARNP	Cedar Valley Medical Specialists	1st & 3rd Wednesday	877-858-4741
NEPHROLOGY	Dr. Vinay Kantamneni	Cedar Valley Medical Specialists	2nd & 4th Monday	319-332-0950
NEUROLOGY	Dr. Ivo Bekavac	Cedar Valley Medical Specialists	2nd Tuesday	319-833-5954
OB/GYN	Dr. Karla Solheim	UnityPoint Clinic	2nd & 4th Wednesday	319-235-5050
ONCOLOGY	Dr. Jasmine Nabi	Mercy Medical Center	2nd & 4th Tuesday	319-332-0950
OPHTHALMOLOGY	Dr. Daniel Miller	Cedar Valley Eye Care	1st Wednesday at Oelwein	855-822-6733
ORTHOPEDECS	Dr. Benjamin Torrez	Cedar Valley Medical Specialists	1st, 3rd, & 4th Wed.	888-251-9670
	Mary Nading, PA-C	Cedar Valley Medical Specialists	Mon., Wed., & Fri. at BCHC, 2nd & 4th Tues. at Oelwein	888-251-9670
PAIN CLINIC	Dr. Kyle Morrissey	Linn County Anesthesia	1st & 3rd Thursday	319-398-6636
	Scott Chastek, ARNP, CRNA	Iowa Anesthesia	2nd & 4th Tuesday at BCHC, 3rd Tues. at Oelwein	319-332-0970
	Sarah Tweedy, DNP, CRNA	Iowa Anesthesia	2nd & 4th Tuesday at BCHC, 3rd Tues. at Oelwein	319-332-0970
PALLIATIVE & MEMORY CLINIC	Joni Henderson, ARNP	Buchanan County Health Center	Rotating Mondays at BCHC & Oelwein	319-332-0950
PHY. MED. & REHAB	Dr. F. F. Manshadi	UnityPoint Clinic	1st, 3rd, & 4th Monday	319-234-0109
PODIATRY	Dr. Charles Cibula	Cedar Valley Podiatry	Every Thursday	800-362-4180
	Dr. David Hemmes	Foot and Ankle Specialists	1st, 2nd, & 3rd Friday	319-332-0950
PULMONOLOGY	Dr. Muhammad Anwer	UnityPoint Clinic	Every 6th Tuesday	319-363-3565
	Dr. Hamad Azam	UnityPoint Clinic	Every 6th Tuesday	319-363-3565
RHEUMATOLOGY	Dr. George Isaac	Dubuque Rheumatology	3 Tuesdays/Month	563-583-4848
SKIN CANCER	Dr. David Congdon	Cedar Valley Medical Specialists	2nd Monday & 4th Friday	319-888-8044
	Mary "Meg" Heatley, PA-C	Cedar Valley Medical Specialists	Rotating Thursdays at BCHC & Oelwein, Every Friday at BCHC	319-888-8044
	Jennifer Kane, ARNP	Cedar Valley Medical Specialists	Rotating Thursdays at BCHC & Oelwein, Every Friday at BCHC	319-888-8044
GENERAL SURGERY	Dr. Brian Gerrelts	Cedar Valley Medical Specialists	Every Wed. & Thurs. at BCHC, Wed. at Oelwein	800-775-3691
UROLOGY	Dr. Jon Rippentrop	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
	Dr. Tom Richardson	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
	Dr. Steven Mindrup	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
WOMEN'S HEALTH	Kathi Bower, ARNP	Allen Women's Health	1st Wednesday	319-334-7005
WOUND CENTER	Dr. David Fahey	Buchanan County Health Center	Every Tuesday AM	319-332-0937
	Bethany Stevens, ARNP	Buchanan County Health Center	Every Mon., Wed., & Thurs.	319-332-0937
	Michelle Wenzel, ARNP	Buchanan County Health Center	Every Friday	319-332-0937

Learn more about your provider online at [BHealth.org/provider](https://www.bchealth.org/provider)

LOCAL SURGICAL SERVICES ARE OFFERED BY:

Dr. Charles Cibula - Podiatry
 Dr. David Hemmes - Podiatry
 Dr. Benjamin Torrez - Orthopedics
 Dr. Kevin Carpenter
 - ENT/Facial Plastic Surgery

Dr. David Congdon
 - ENT/Facial Plastic Surgery
 Dr. Kyle Morrissey - Pain Clinic
 Mark Odden, ARNP, CRNA - Pain Clinic
 Scott Chastek, ARNP, CRNA - Pain Clinic
 Dr. Daniel Miller - Ophthalmology

Dr. Brian Gerrelts - General Surgery/GI
 Dr. Arun K. Muthusamy - GI
 Dr. William Schmitt - GI
 Dr. Tom Richardson - Urology
 Dr. Steven Mindrup - Urology
 Dr. Jon Rippentrop - Urology

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 319-332-0999

