

# Lexington Estate

at Buchanan County Health Center



## CELEBRATING SEPTEMBER

A glance at the month  
ahead...

- SEPT. 4TH- LABOR DAY
- SEPT. 8TH- DJ CLAY WILLIE
- SEPT. 11TH - RON LUBBERS MUSIC LIVE
- SEPT. 12TH- WALMART
- SEPT. 16TH- DAVE WIRTZ LIVE
- SEPT. 18TH- OELWEIN MOVIE
- SEPT. 22ND- DJ CLAY WILLIE
- SEPT. 22ND- MAGICIAN
- SEPT. 28TH -GRIMMS PEONY FARM/BUS RIDE

View our  
activities calendar  
to see what we're  
up to this month!

Happy  
Birthday

Vivian K.  
Marguerite R.  
Jean M.

HAPPY

# Birthday

Lexington Staff

## CNA

- Dawn Cain - Sept. 10th
- Karlita Jacobsen - Sept. 29th

## - EVS

- Elizabeth Smith - Sept. 5th

## Dietary

- Emma Gonzalez - Sept. 8th
- Tiffany Butters - Sept. 21st
- Katelyn Trimble - Sept. 26th

# September Staff Spotlight

I HAVE BEEN INTERESTED IN THE MEDICAL FIELD FROM A VERY YOUNG AGE AND HAVE LOVED IT EVER SINCE I STARTED LEARNING MORE AND WORKING WITHIN THE FIELD. I HOPE TO ONE DAY PURSUE A CAREER IN FORENSIC PATHOLOGY AND WORK FOR THE FBI ON MURDER CASES. I'M ALSO INVOLVED A LOT WITHIN MY SCHOOL INCLUDING BAND, CHEER, FFA, CHOIR, AND SPEECH.



Olivia Balk, CNA

## REMINDERS

Outings are marked on the calendar in the color green. Please note outside activities are weather pending.

## August Highlights



## *Sending A Gift From Heaven*

I am sending a dove from  
heaven  
With a parcel on its wings;  
Be careful when you open it  
It's full of beautiful things.  
Inside are a million kisses  
Wrapped up in a million hugs;  
To say how much I miss you  
And to send you all my love  
I hold you close within my  
heart  
And there you will remain;  
So I can walk with you  
Throughout your life  
Until we meet again.



M JEAN KONO

1943 - 2023




Margaret Hogan

1931- 2023

with deepest  
*Sympathy*



# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9-30 Senior Fitness 10:00 Catholic Communion 10:30 Sensory Group 1:30 Game	2 Independent Activities.
3 Local Radio 95.3	4 <b>Independent Activities</b> <small>See individual event page for details.</small> <b>Happy Labor Day!</b>	5 9-30 Patio Time 10:00 Beverage Cart 10:30 Readers Circle 1:30 Coffee Talk & Make Coffee Ice Cream	6 9-30 Senior Fitness 11:30 Whats New In the News 1:30 Bingo 3:00 Happy Hour	7 9:00 Manicures 10:30 Devotional 1:30 Corks & Canvas  <small>Happy Bday Vivian &amp; Marguerite</small>	8 9-30 Senior Fitness 10:00 Catholic Communion 10:30 Game 1:30 DJ Clay Wille	9 Iowa Vs Iowa State Game Found on TV
10 Local Radio 95.3	11 9-30 Senior Fitness 10:00 Coffee Talk 1:00 Ron Lubbers Live 4:45pm Bonnie O'Brien	12 9-30 Chair Yoga 10:00 Cookies 11:30 Take Out 1:30 Wal-Mart	13 9-30 Senior Fitness 11:30 Whats New In the News 1:30 Bingo 3:00 Happy Hour	14 9:00 Manicures 10:30 Devotional 11:00 ILC Communion 1:30 Mulled Cider & A Movie	15 9-30 Senior Fitness 10:00 Catholic Communion 10:30 Game 1:30 Amy's Kitchen	16 11:30 Live Music with Dave Wirtz
17 Local Radio 95.3	18 9-30 Senior Fitness 10:00 Coffee Talk 1:30 Movie Theater In Oelwein	19 9-30 Patio Time 10:00 Beverage Cart 10:30 Readers Circle with Erin 1:30 Fall Craft	20 9-30 Senior Fitness 11:30 Whats new the News 1:30 Bingo 3:00 Happy Hour	21 9:00 Manicures 10:30 Devotional 1:30 Trivia	22 9-30 Senior Fitness 10:00 Catholic Communion 10:30 Game 1:30 DJ Clay Wille 3:30 Comedy/ Masician Jonathan May	23 Independent Activities
24 Local Radio 95.3	25 9-30 Senior Fitness 10:00 Coffee Talk 1:30 Taste of Home	26 9-30 Chair Yoga 10:00 Resident Council 11:30 Take out 1:30 Birthday Party 2:00 Birthday Bingo	27 9-30 Senior Fitness 11:30 Whats new the News 1:30 Bingo 3:00 Happy Hour	28 9:00 Manicures 10:30 Devotional 1:30 Gimmis Peony Farm <b>Bus Ride</b>	29 9-30 Senior Fitness 10:00 Catholic Communion 10:30 Game 1:30 Sensory Group	30
All outside events are weather permitting.	Activities are subject to change.			Please contact Amy with questions. <b>Outings &amp; Entertainment are in YELLOW.</b>		

Making a

# DIFFERENCE

INTEGRITY COMPASSION PROFESSIONALISM TRUST TEAMWORK QUALITY PRIDE

*The following employees were nominated for making a difference by fellow co-workers for exhibiting BCHC Standards of Character*

## July Recipients

Mary Wells, Pharmacy	Kendra Cass, Jesup	Kelly Harrold, PT
Michelle McBride, PR	Kyla Frost, Oelwein	Jenny Cappel, Med. Assoc.
Crystal Etringer, Admin	Renae Michael, Oelwein	Lisa Rasmussen, Radiology
Bonnie Corkery, ED	Olivia Frush, Oelwein	Mary Reed, Registration
Tina Beltz, Lex. Estate	Katie Ries, Jesup	
Leonard Schmidt, Maintenance	Tasha Jones, Jesup	
Elissa Tudor, Surgery	Rodney Ciesielski, Materials	
Susan McLaury, Oelwein	Carol Cassaday, Linen Svs.	
Cara Baker, Oelwein	Shari Vargason, Lex. Estate	
Jenny Kleinlein, MedSurg (2)	Tonya Hettinger, EVS	
Vicky Locke, EVS	Tracy Wilson, Education	
Jennifer Buonocore, EVS	Traci Brayton, Surgery	
Robin Straw, Nutrition Svs.	Rose Recker, Surgery	
Alexis Rausch, MedSurg	Rundi Priebe, PT	

*This month's recipient of \$50 is:*

**Tasha Jones, Jesup**

*\*Not included in drawing/non-employee*



# Welcome

Dale H.

Janette K.

Lorraine R.

Betty Z.

Madonna L.



**We have a puzzle table  
out in the activity room!  
Please feel free to put  
pieces in and help  
complete the puzzle!**

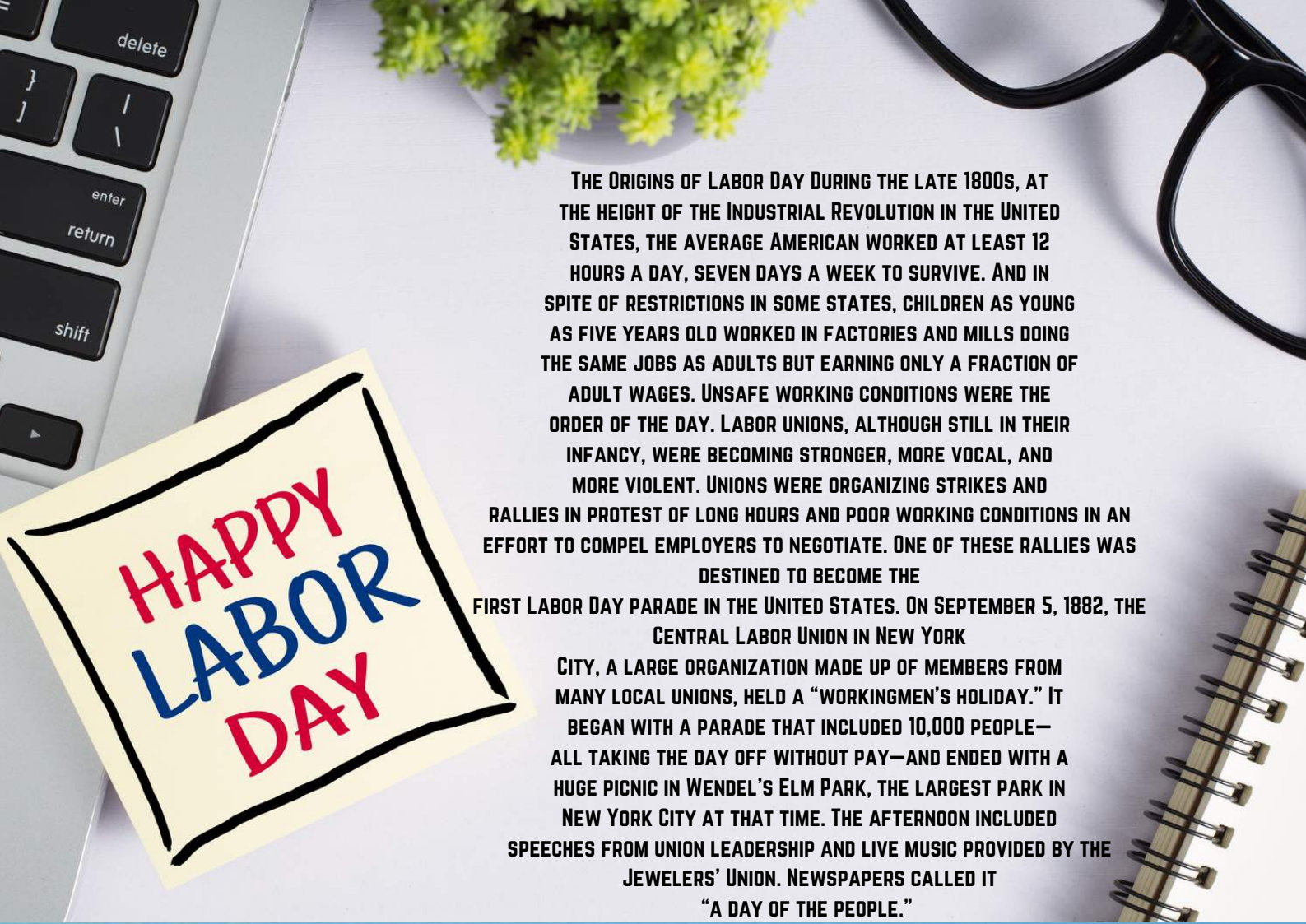


## **"THOSE WHO SERVED"**



**I HAVE YET TO WRITE A POEM ABOUT  
THOSE WHO HAVE SERVED OUR NATION.  
AS I HAVE NEVER SERVED  
I HAD SOME RESERVATIONS.  
I WISH SOMETIMES I COULD HAVE WENT ALONG  
WITH THE REST.  
BUT SOME WHO HAVE RETURNED SAY MAYBE  
IT WAS FOR THE BEST.  
AS I HAVE NEVER FOUGHT IN A WAR  
IT'S HARD FOR ME TO TELL.  
ABOUT THOSE WHO HAVE FOUGHT AND SOME  
WHO WENT THROUGH HELL.  
SOME DAY MAYBE, THE WORLD WILL LEARN  
AND ALL WILL SAY A PRAYER  
FOR THOSE WHO DIED  
AND FOR THOSE STILL OVER THERE.  
-LEONARD K. SR.**





THE ORIGINS OF LABOR DAY DURING THE LATE 1800S, AT THE HEIGHT OF THE INDUSTRIAL REVOLUTION IN THE UNITED STATES, THE AVERAGE AMERICAN WORKED AT LEAST 12 HOURS A DAY, SEVEN DAYS A WEEK TO SURVIVE. AND IN SPITE OF RESTRICTIONS IN SOME STATES, CHILDREN AS YOUNG AS FIVE YEARS OLD WORKED IN FACTORIES AND MILLS DOING THE SAME JOBS AS ADULTS BUT EARNING ONLY A FRACTION OF ADULT WAGES. UNSAFE WORKING CONDITIONS WERE THE ORDER OF THE DAY. LABOR UNIONS, ALTHOUGH STILL IN THEIR INFANCY, WERE BECOMING STRONGER, MORE VOCAL, AND MORE VIOLENT. UNIONS WERE ORGANIZING STRIKES AND RALLIES IN PROTEST OF LONG HOURS AND POOR WORKING CONDITIONS IN AN EFFORT TO COMPEL EMPLOYERS TO NEGOTIATE. ONE OF THESE RALLIES WAS DESTINED TO BECOME THE FIRST LABOR DAY PARADE IN THE UNITED STATES. ON SEPTEMBER 5, 1882, THE CENTRAL LABOR UNION IN NEW YORK CITY, A LARGE ORGANIZATION MADE UP OF MEMBERS FROM MANY LOCAL UNIONS, HELD A "WORKINGMEN'S HOLIDAY." IT BEGAN WITH A PARADE THAT INCLUDED 10,000 PEOPLE—ALL TAKING THE DAY OFF WITHOUT PAY—AND ENDED WITH A HUGE PICNIC IN WENDEL'S ELM PARK, THE LARGEST PARK IN NEW YORK CITY AT THAT TIME. THE AFTERNOON INCLUDED SPEECHES FROM UNION LEADERSHIP AND LIVE MUSIC PROVIDED BY THE JEWELERS' UNION. NEWSPAPERS CALLED IT "A DAY OF THE PEOPLE."

## **SHOTS! SHOTS! SHOTS!**

**IT'S THAT TIME OF YEAR AGAIN-- WE WILL BE ADMINISTERING ANNUAL FLU VACCINES AT THE END OF THE MONTH. WE CONTINUE TO ENCOURAGE, TRACK, AND MONITOR ROUTINE VACCINATION AMONG OUR RESIDENTS AND STAFF FOR PREVENTABLE COMMUNICABLE DISEASES INCLUDING—COVID-19, INFLUENZA, PNEUMONIA, AND SHINGLES.**



# Congratulations to our 2023 Poker Walk Winners!



1. **JANET PAYNE- 1ST PLACE WELLNESS CENTER MEMBERSHIP**
2. **LEON BACHMAN 2ND PLACE\* SUBWAY GIFT CARD**
3. **JANNA COFFMAN 3RD PLACE FAREWAY GIFT CARD**

THANKS TO EVERYONE WHO PARTICIPATED AND THE  
VOLUNTEERS WHO MADE IT HAPPEN, ESPECIALLY DIANNE HEPKE.  
THANKS DIANNE FOR ALL YOUR HARD WORK AT THE POKER  
WALK.



## 2023 Walk to End Alzheimer's - Cedar Falls / Cedar Valley

Overall BCHC has raised \$2,600  
Saturday, September 23rd, 2023

### Event Details



**Time:**

Registration at 8 a.m.  
Ceremony at 9 a.m. Walk at  
9:30 a.m.

[Add to calendar](#)



**Location:**

Peet Junior High School  
525 E Seerley Blvd  
Cedar Falls, IA 50613

[Map it](#)



**Contact:**

Christine Hess  
319-238-7783  
[cnhess@alz.org](mailto:cnhess@alz.org)

# BOHC Celebrates

## September Employee Anniversaries & Birthdays

### Employee Anniversaries (5 Year Increments)

Bonnie Wiegert, Medical Associates, September 10th - 5 Years

Beverly Michels, Lexington Estate, September 19th - 5 Years

Brandy Goedken, MedSurg, September 3rd - 10 Years

Tina Wilson, Surgery, September 3rd - 10 Years

Kevin Roberts, Maintenance, September 30th - 10 Years

Jodi Ridder, Corporate Compliance, September 24th - 15 Years

Nancy Brewer, ASU, September 3rd - 55 Years

### Employee Birthdays

1 - Felicia Cooper, Resource

5 - Leonard Schmidt, Maintenance

5 - Elizabeth Smith, EVS

6 - Cathy Close, Materials

7 - Anita Eschen, Materials

7 - Emma Gonzalez, Nutrition Services

8 - Leah Schneider, Oelwein Pharm.

9 - Diana Levendusky, EVS

9 - Amy Winn, Med. Assoc.

10 - Dawn Cain, Lex. Estate

10 - Cecilia Palmer, Registration

11 - Charla Nefzger, Lab

13 - Katrina Becker, RT

13 - Jennifer Wheatley, RT

14 - Sandy Clark, Oelwein

15 - Sara Berns, Oelwein

17 - Jeff Seamans, Valet

17 - Amy Van Scoyoc, Ambulatory Svcs.

19 - Emily Most, Occupational Therapy

21 - Tiffany Butters, Nutrition Services

25 - Joni Hershey, Wound Center

26 - Tasha Gilson, HIM

26 - Mackenzie Goodman, ER

26 - Alison Trimble, Lifeguard

27 - Denise Michels, Finance

28 - Katie Ries, Jesup

29 - Karlita Jacobsen, Lex. Estate

30 - Allison Bahlmann, Oelwein