



Buchanan County
Health Center

**JOIN THE
BCHC FAMILY:**
FULL & PART-TIME
POSITIONS
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Here For You. Trusted For Life.

Spring 2024



Construction Underway for New Inpatient Building

Anticipated Opening Early 2025

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We've got a lot to
talk about! Get all
the news at:

BCHealth.org



**Mental Health Services
Expand at BCHC**

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**The Area's Leader in
Healthcare Services**

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Spring 2024

Here For You. Trusted For Life.

A Message From the CEO

As we progress further into 2024, we reflect on the past year and the strides we've made at Buchanan County Health Center that have propelled us toward the future of healthcare. Undoubtedly, the highlight of the year has been the initiation of the Inpatient Expansion and Renovation Project—a monumental \$18.9 million undertaking set to replace the aging inpatient unit that has dutifully served our community since the 1960s.

In tandem with infrastructure advancements, BCHC has engaged with community members throughout the year to conduct a comprehensive Community Health Needs Assessment. This invaluable process has identified the strengths and weaknesses in the overall health of our communities. Armed with this knowledge, BCHC has prioritized weaknesses and developed initiatives to address them. Starting in 2024 and extending into the future, BCHC's focus will be on enhancing chronic disease management for diabetes, addressing behavioral health and substance abuse, combating obesity, and expanding daycare services. The complete needs assessment detailing the information utilized and the initiative determination process, is available on BCHC's website, serving as a transparent resource for all.

As we step into the new year, our commitment to fortifying our organization to serve patients for years to come remains unwavered. We acknowledge the challenges in healthcare recruitment and retention and yet, with our community-focused and family-oriented philosophy, we are determined to attract and retain exceptional individuals. Our pursuit of excellence extends to the continuous enhancement of high-quality services, with a keen eye on introducing new offerings, and ensuring healthcare accessibility close to home. Embracing the future, we invest in newer technologies, systems, and equipment to stay at the forefront of healthcare innovation.



Wade Weis, CEO

Finally, we extend our heartfelt gratitude to you for entrusting us with your healthcare needs. Serving our patients and their families brings us immense joy. We are dedicated to an ongoing journey of improving the health of our community. Thank you for your steadfast support.

Join our Growing Team!

Join our growing team and find out why over 350 professionals call BCHC an Employer of Choice! With full and part-time positions available in clinical and non-clinical roles, you'll enjoy playing a role in the betterment of others in our family-like environment. At BCHC, you're much more than a number.

To view all open positions and apply online, visit BCHealth.org/careers.

Benefits Include:

- **Competitive Wages**
- **Sign-On Bonus***
- **IPERS, 403(b), and Roth IRA**
- **Family Health, Vision, & Dental Insurance**
- **Paid Time Off**
- **New Nurse Residency Program**
- **Free Wellness Membership**
- **Tuition Assistance**



*Up to \$5,000 sign-on bonus for most clinical positions

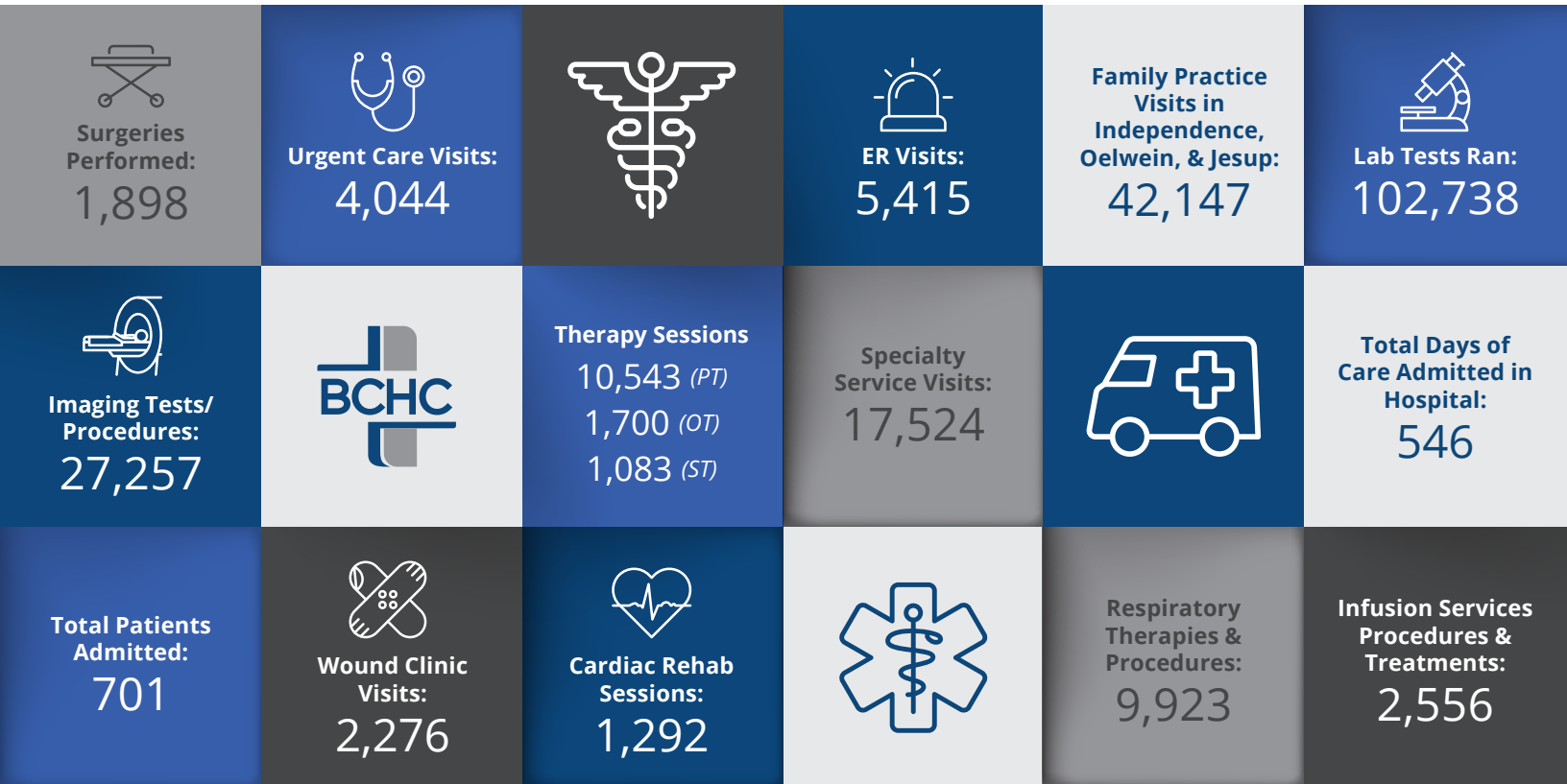


Spring 2024

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The Area's Leader in Healthcare Services

Services rendered in 2023:



Can I Have it at BCHC? Wondering if you can have it at BCHC? Just ask! BCHC offers outpatient and inpatient services close to home. **Choose local! Choose BCHC.**

- Specialty Clinics
- Primary Care in Independence, Jesup, & Oelwein
- Physical Therapy, Speech Therapy, & Occupational Therapy
- Laboratory Testing
- Diagnostic Imaging-Radiology
- Infusion Services
- Surgical Services
- Wound Care & Hyperbaric Medicine
- Urgent Care
- Emergency Care
- Nutrition Therapy
- Cardiac & Respiratory Rehab
- Behavioral Health
- Sleep Studies
- Nuclear Medicine
- Long-Term Care & Retirement Living
- Inpatient Services & Skilled Care
- Wellness Center

What our patients are saying:



The BCHC staff is so friendly and kind. I always feel comfortable in the hospital regardless of whatever I'm there for. They put me at ease and I appreciate that!





Spring 2024

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New Inpatient Building Coming Early 2025

BCHC has started construction on a new, two-story building for inpatient services, infusion services, and future growth! This new, 37,000 square foot expansion heralds the dawn of cutting-edge equipment and technology, reinforcing our commitment to delivering exceptional care to the communities of Buchanan County and surrounding areas amidst growing healthcare needs. Beyond its immediate impact, this project not only provides expanded space but also holds the promise of accommodating additional services. Already, the old building is yielding progress, with sections demolished, and the foundation and elevator shaft taking shape.



New inpatient room

INVISION

With a projected completion date of January 2025, the project has been broken into three major phases which include:

1 PARTIAL DEMOLITION

Partial demolition of existing facilities on the west side of BCHC's campus, which includes the former dialysis center. BCHC remains committed to bringing dialysis services back to the community in a new location with updated technology and infrastructure. BCHC is actively seeking a new service provider and location.

2 CONSTRUCTION

Construction of a two-story building, which will include inpatient rooms on the second floor allowing for a more private and comfortable stay for patients. Infusion services will be expanded on the first floor.

3 PARTIAL RENOVATION

Partial renovation of the existing facility will allow for continued service growth and expansion.





Spring 2024

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Completion Date:
January 2025

“The existing inpatient unit, dating back to the 1960s, has faithfully served our community for decades; however, as medical technology rapidly advances, it has become imperative to modernize our facilities to meet these changing requirements,” commented Wade Weis, Chief Executive Officer.

“By renovating and replacing the outdated unit, we aim to ensure that our patients receive the highest quality of care in an environment that is equipped with the latest advancements designed to foster healing and well-being close to home.”

This project has been in development for several years. It was delayed as BCHC combated COVID-19 and its obstacles. Although the project was initially delayed, it allowed leadership and staff more time to design the building as they saw fit.

“We have spent a lot of time immersing ourselves within the design and logistics of this project with our staff to make sure we provide the best patient experience with room aesthetics and workflow. We believe that this addition is going to make the community proud to call BCHC its home for healthcare and be a very comfortable place for patients and families utilizing our inpatient services,” commented Chief Nursing Officer, Tara McEnany.

BCHC has worked with INVISION Architecture, based out of Waterloo, to develop a comprehensive plan to begin construction. Contracted through Larson Construction, based out of Independence, this project will be funded by 50% of cash reserves that have been set aside for this project over the past several years of planning, in addition to local loans.

Features:

- *12 private rooms with dedicated therapy & rehabilitation spaces*
- *Rooms purposefully on the 2nd floor to allow patients a quieter, less distracting environment for resting and healing*
- *Expanded area for infusion services*
- *Family lounge & balcony*
- *Shelled space for future growth*

New Nurses Station



INVISION

What our patients are saying:



Very dedicated staff and good listeners addressed my issues and concerns. I'm thankful that our small town community has a quality health care system. Thank you!





Spring 2024

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Spotlight on Services: Occupational Therapy

Meet Our Occupational Therapists



Megan Thompson
OTR/L, CLT



Emily Engel
MSOT, OTR/L

BCHC is pleased to offer local occupational therapy services to patients of all ages. Occupational therapy is an area of rehabilitative medicine that focuses on helping people regain or maintain their ability to perform their usual daily activities easily and independently across a person's lifespan. Whether you have a child that struggles with sensory processing or social difficulties or are an adult recovering from hand trauma or brain injury, and everything in between, occupational therapy can be an incredible resource for you and your family.

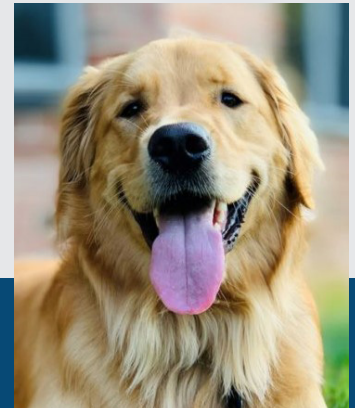
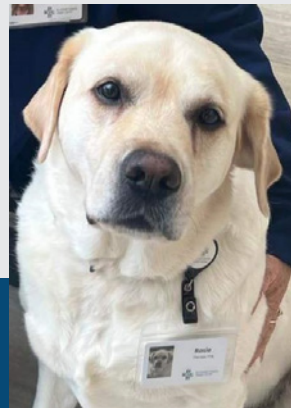
Services Provided:

- **Pediatric Therapy** – sensory integration, feeding therapy, fine motor skills, behavioral and social difficulties, developmental delays, diagnosed medical conditions (ADHD, Asperger's, Autism, Down Syndrome, cognitive disabilities, injuries, and chronic illnesses), and emotional regulation.
- **Range of Motion/Strengthening upper extremities**
- **Hand therapy**
- **Gross/fine motor work**
- **Cognition/safety training**
- **Driving evaluations**
- **Adaptive equipment training**
- **Lymphedema therapy**
- **Neurological conditions**
- **General weakness**
- **Stroke rehabilitation**
- **Cognitive and physical disabilities**
- **Family and caregiver education**

Occupational therapy is a referral-based service. Contact your primary care provider for a referral to BCHC.

BCHC Welcomes Pet Therapy

BCHC is pleased to welcome Rosie Feckers and Kronk VanEe as our new pet therapists! Pet therapy can help reduce blood pressure and improve overall cardiovascular health. It can also release endorphins that produce a calming effect. This can help alleviate pain, reduce stress, and improve your overall psychological state. Pet therapy is a free service available to patients, guests, and employees upon request!



**Rosie Feckers is a 7 year old Yellow Labrador Retriever.
Kronk VanEe is a 4 year old Golden Retriever.**



Spring 2024

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Mental Health Services Expand at BCHC & Clinics

The brain is a complex organ that controls every process that regulates our body. Our brain controls our movements, perception of sensations, speech and language, automatic behavior, such as breathing, heart rate, sleep, and temperature control, and is responsible for controlling our memories, decisions, and emotions. The brain is the powerhouse to our body and it deserves attention just like a broken bone, a bad cold, or a chronic, debilitating condition such as heart disease, cancer, or diabetes does. However, of those living with a mental health condition, which is 1 out of every 5 US adults, only 21.6% are receiving mental health treatment according to the CDC.

Mental health is important at every stage of life, from childhood and adolescence through adulthood. Although there is no single cause for mental illness, a number of factors can contribute to risk for mental illness, including trauma, life events, and stressors, biological factors, or chemical imbalances in the brain, the use of alcohol or drugs, or having feelings of loneliness or isolation.

BCHC recognizes the importance of mental well-being and the need for increased access to support. With two psychiatric nurse practitioners and two licensed independent social workers, BCHC offers psychiatric evaluations and diagnosis, medication management, and therapy services for patients as young as six years old. To make an appointment, please contact Medical Associates at **319-334-2541**, or BCHC Family Medicine – Oelwein at **319-283-1565**. You do not need to be an established patient at a BCHC primary care clinic to receive mental health therapy services.

*If you're thinking about suicide or are worried about a friend or a loved one, please call the **Suicide and Crisis Lifeline at 988**.*



Miranda Franck, MSN, ARNP, PMHNP-BC
Psychiatric Nurse Practitioner
Patients ages 6+



Hope Gruman, MSN, ARNP, PMHNP-BC
Psychiatric Nurse Practitioner
Patients ages 13+



Dan McElroy, LISW
Mental Health Therapist
Patients ages 15+



Nichol Hohenbrink, LISW
Mental Health Therapist
Patients ages 9+

Want to say Thank you to a Nurse at BCHC?



NOMINATE THEM FOR THE DAISY AWARD!

Please say thank you by sharing your story of how a nurse made a difference you will never forget by scanning the QR code from your smart phone camera or visit BCHealth.org/thedaisyaward. You may also submit your nomination via mail or drop it off at one of our locations! Learn more about The DAISY Award by visiting DAISYFoundation.org.



[BCHealth.org/
thedaisyaward](https://BCHealth.org/thedaisyaward)

SPECIALTY CLINIC SCHEDULE

SPECIALTY	PROVIDER	AFFILIATE	SCHEDULE	TO SCHEDULE
ALLERGY	Dr. Kenny D. Rodriguez	Cedar Valley Medical Specialists	1st Monday	319-888-8044
AUDIOLOGY	Mackenzie Emery, HIS Molly O'Keefe	Hearing Unlimited	Rotating Thursdays	319-234-4360
BREAST CARE	Dr. Jayson Gesme	Cedar Valley Medical Specialists	1st Wednesday	319-833-6100
CARDIOLOGY	Abbie Schaa, ARNP	Allen Hospital Cardiology	Every Tuesday	319-236-1911
	Hannah Strottman, ARNP	Allen Hospital Cardiology	Rotating Fridays at Oelwein	319-236-1911
	Allyson Landphair, ARNP	Allen Hospital Cardiology	2nd & 4th Friday	319-236-1911
	Dr. Khalil Anouti	Cedar Valley Medical Specialists	Every Monday	319-883-1452
	Dr. Keith Kopec Dr. Boothapuri Venkatesh Dr. Andreas Kyvernitakis Dr. Laila Payvandi Katie Maybanks, ARNP Dr. Fahed Al Darazi Dr. Arpit Sothwal	UnityPoint Clinic	Rotating Every Thurs./1st & 3rd Wed.	800-982-1959
	ENT/FACIAL PLASTICS	Dr. Kevin Carpenter	Physician's Clinic of Iowa	Every Tuesday
MENTAL HEALTH	Dr. Kenny D. Rodriguez	Cedar Valley Medical Specialists	1st Monday	319-888-8044
	Karen Sadler, ARNP	Cedar Valley Medical Specialists	Every Other Friday at Oelwein	319-888-8044
	Daniel McElory, LISW	Buchanan County Health Center	Telehealth Visits	334-2541/283-2651
	Nichol Hohenbrink, LISW	Buchanan County Health Center	T & Th at BCHC, W & F at Oelwein	334-2541/283-2651
	Miranda Franck, ARNP	Buchanan County Health Center	M-W at Oelwein & Thurs. at BCHC	334-2541/283-2651
NEPHROLOGY	Dr. Vinay Kantamneni Ann Bock, ARNP	Cedar Valley Medical Specialists	2nd & 4th Monday	319-332-0950
OB/GYN	Dr. Karla Solheim	UnityPoint Clinic	2nd & 4th Wednesday	319-235-5050
ONCOLOGY	Dr. Jasmine Nabi	Mercy Medical Center	2nd & 4th Tuesday	319-363-8303
ORTHOPEDECS	Dr. Benjamin Torrez	Cedar Valley Medical Specialists	1st, 3rd & 4th Wed.	319-859-8139
	Amber Toenyas, PA-C Beau Sorenson, PA-C Madison Shatek, PA-C	Cedar Valley Medical Specialists	Rotating Mondays & Thursdays	319-859-8139
PAIN CLINIC	Dr. Kyle Morrissey	Linn County Anesthesia	1st & 3rd Thursday	319-332-0970
	Scott Chastek, ARNP, CRNA Griffin Kopp, ARNP, CRNA	Iowa Anesthesia	Every Monday	319-332-0970
PALLIATIVE & MEMORY CLINIC	Joni Henderson, ARNP	Buchanan County Health Center	Every Wednesday	319-334-2541
PHY. MED. & REHAB	TBD	TBD	TBD	TBD
PODIATRY	Dr. Charles Cibula	Cedar Valley Podiatry	Every Thursday	800-362-4180
	Dr. David Hemmes	Foot and Ankle Specialists	1st, 2nd & 3rd Friday	319-332-0950
PULMONOLOGY	Dr. Hamad Azam	UnityPoint Clinic	Rotating Tuesdays	319-363-3565
RHEUMATOLOGY	Dr. George Isaac	Dubuque Rheumatology	3 Tuesdays/Month	563-583-4848
SKIN CANCER	Mary "Meg" Heatley, PA-C	Cedar Valley Medical Specialists	Rotating Thurs. at BCHC & Oelwein, Every Fri. at BCHC	319-888-8044
	Jennifer Kane, ARNP	Cedar Valley Medical Specialists	Rotating Mondays & Thursdays	319-888-8044
	Dr. Kenny D. Rodriguez	Cedar Valley Medical Specialists	1st Monday	319-888-8044
	SRT	Cedar Valley Medical Specialists	Monday - Friday	319-888-8044 ext.1132
GENERAL SURGERY	Dr. Brian Gerrelts	Cedar Valley Medical Specialists	Every Wed. & Thurs. at BCHC, Wed. at Oelwein	319-332-0950
UROLOGY	Dr. Jon Rippentrop Dr. Tom Richardson Dr. Steven Mindrup	Physician's Clinic of Iowa	Rotating Every Tuesday	319-332-0950
WOMEN'S HEALTH	Kelsey Colby, WHNP	Allen Women's Health	1st Wednesday, Maternal Health rotating Mondays	319-334-7005
	Various	Allen Maternal Health	1st Monday	319-334-7005
WOUND CENTER	Dr. David Fahey	Buchanan County Health Center	Every Tuesday AM	319-332-0937
	Ally McMartin, ARNP	Buchanan County Health Center	Every Mon., Wed. & Thurs.	319-332-0937
	Michelle Wenzel, ARNP	Buchanan County Health Center	Every Friday	319-332-0937

Learn more about your provider online at BCHC.org/provider

LOCAL SURGICAL SERVICES ARE OFFERED BY:

Dr. Charles Cibula - Podiatry
Dr. David Hemmes - Podiatry
Dr. Benjamin Torrez - Orthopedics
Dr. Kevin Carpenter -
ENT/Facial Plastic Surgery
Dr. Kenny D. Rodriguez -
ENT/Facial Plastic Surgery

Dr. Kyle Morrissey - Pain Clinic
Scott Chastek, ARNP, CRNA - Pain Clinic
Anne Meyer-McCright, ARNP, CRNA -
Pain Clinic
Griffin Kopp, ARNP, CRNA - Pain Clinic
Dr. Daniel Miller - Ophthalmology
Dr. Brian Gerrelts - General Surgery/GI

Dr. William Schmitt - GI
Dr. Tom Richardson - Urology
Dr. Steven Mindrup - Urology
Dr. Jon Rippentrop - Urology